PIRECONE

The Magazine of Kirby Pines Retirement Community • April 2018 | V. 36 | I. 4



Starting An Exercise Program | Foot Care for Seniors | Then and Now | Resident Spotlight: Flo Seward

Changes To Look For

Happy Easter everyone! After a slow start to springtime weather, we can at least rejoice that the month began with Easter. Also beginning this month, Medicare will start mailing new cards that do not disclose Social Security numbers.

In an effort to protect against identity theft, Medicare has been preparing to replace everyone's Medicare card with a new one that includes a unique eleven-digit Medicare identifier – rather than your Social Security number. The agency will begin sending new Medicare cards to all Medicare beneficiaries between April 2018 and April 2019, with the time frame based on each state. The first wave of cards will be mailed from April to June of this year to people living in Delaware, Maryland, Pennsylvania, Virginia, West Virginia and Washington, D.C. Tennessee will not begin to get new Medicare cards until after June 2018.

New cards will come automatically, so there is nothing you need to do, other than to make certain that the Social Security Administration has your current mailing

at Kirby Pines

address. Beware of scam artists regarding the new card - there is no cost for the new card and Medicare will not be calling you for your Social Security number or address, or bank account information. Again, new Medicare cards will automatically be mailed to Tennesseans after June 2018.

The new card will not change your benefits and you can use it as soon as you receive it. Once you have received your new Medicare card, please notify the Administration office, as we will need your new eleven digit Medicare identifier to bill Medicare.



Michael
Escamilla,
Executive
Director,
Kirby Pines

ON THE PINECONE COVER

Kirby Pines Is Inspired By Their Talented Artists!

April is such a special time of year at Kirby Pines. The weather is getting nicer, everyone is rested and there is a sense of renewal in the air.

It is time to get outside and take in the beauty the spring gives our wonderful 60-acre campus. Take a walk around the lake or join the Kirby Pines Garden Club and shake off the long winter months with fresh air.

While you're out there, really look at the colorful variety of plants and flowers all over Kirby Pines. It is almost like a painting on a large canvas, which is why we are having a Resident Art Show on April 24th to showcase our talented residents. (See calendar events for information).

Our front cover features Joy Wright in the Arts & Crafts Room painting a landscape. Our back cover shows Harold Petty in our Hobby Shop working on one of his handmade wooden toys. With so many artisans living in one place, it will be well worth a look just to see their amazing creativity.



Dr. Richard Cheek displays one of the three violins he made by hand while sitting in a rocking chair he also crafted.

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Claire Fox moved to Kirby Pines after living in Memphis for 43 years. She and her husband Donald moved into their new home and shortly after moving, he became ill and did not recover. They were about to celebrate their 62nd wedding anniversary.

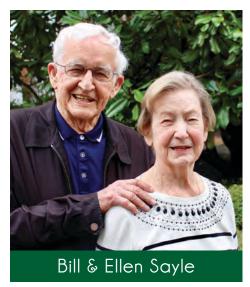
Claire went to Missouri University and later took Real Estate classes at University of Memphis. She is retired from the Real Estate business and was quite successful at several agencies for 30 years. Don was in transportation and worked at Gateway and Yellow trucking.

Claire and Don had 3 children, 2 grandchildren and 3 great-grandchildren. Claire is quite instrumental in the life of one of her great-grandchildren. When he was in preschool, he lived with Claire and Don.

Choir is a priority with Claire, she has sung in the Balmoral Presbyterian Church Choir for 43 years, the Memphis Symphony Chorus since 1975 and sang with the Nashville Symphony Chorus when she lived in Nashville. When Claire is not singing, she likes to play bridge and go golfing.

Claire is a Life Member of the Million \$ Club of Realtors and in golf, she and Don had holes in one. Don was part of the committee that planned and built the Korean War Veterans Monument in Overton Park. As you can see, this was a very active couple and Claire continues with her many interests.

You'll probably run into Claire around Kirby, you'll recognize her because she'll be singing. Give her a warm hug and welcome her to Kirby Pines.



Bill and Ellen Sayle come to Kirby Pines from Collierville, where they lived 35 years. They have been married 58 years after meeting on a blind date. They are the parents of 2 sons, Craig and Brian. They also have 2 grandchildren and 8 greatgrandchildren. When son Craig was living in Scotland, Bill and Ellen went to the Queen of England's birthday celebration with all of the pomp and circumstance. The celebration was called a "Tutu."

Bill went to Memphis State and went on to work in transportation at Chrysler Corporation for 22 years. Ellen went to nursing school and worked at Baptist Memorial Hospital off and on for 30 years. Bill was also in the service and served in Korea for 16 months.

Bill graduated from Messick in 1953. He was named to the "All-Memphis High School Baseball" team. While Bill was playing baseball he was learning good coaching techniques so he could go on to coach youth baseball teams for 50 years.

Ellen's favorite holiday is The 4th of July and for good reason. She can celebrate the birthday of the U.S and it is her birthday. Ellen was the Salutatorian of her senior class and she likes to collect tea sets.

To keep in good condition Bill works out and Ellen walks. The exercise program is working for Bill quite well. He had a successful heart transplant 19 years.

Be sure and make it a priority to meet this delightful couple. They have a lot to share and you will make some good friends. Make them feel at home here at Kirby.



Marlene has moved to Kirby Pines after living 15 years in Germantown. She has many friends already living at Kirby and is looking forward to making new ones.

She is a proud mother of 2 daughters, Margee living in Indiana and Janet lives nearby in Bartlett. She also has 2 grandchildren and 3 great-grands.

After graduating from Tech High School in 1951, Marlene moved on to being a secretary and administrative assistant for 12 years in a large Memphis law firm.

Marlene's late husband, Dr. James R. Smith graduated from U. T. dental School in 1955. He was a Memphis dentist and several Kirby Pines' residents were patients of Dr. Smith.

As far as traveling, Marlene and Dr. Smith went to Hawaii. But, they traveled most of the time by car and motorcycle in the U.S. They liked to drive fast cars, as Dr. Smith owned 5 Corvettes. Marlene says she has slowed down a bit.

Marlene loves 'real' country music. She also has a love of classical music, having studied piano over several years. She began taking private piano lessons at age 10, eventually studying at Southwestern College of Music. In junior and senior high-school she was the accompanist for the Glee Club and soloists.

You'll want to meet our very interesting new resident, she has had many chapters in her life that you'll enjoy hearing about. Give her a very warm Kirby Pines welcome!



CONSIDER THIS

Posted by Deborah Elbaum, MD

Do you routinely follow an exercise program? --- Great! If not, you may want to start. Some of the benefits of regularly exercising include:

Delaying or preventing the onset of disabilities or diseases such as diabetes, heart disease, obesity and osteoporosis.

Reducing pain from arthritis.

Helping with anxiety and depression through better sleep and feelings of well-being

Reducing the risk of falls, the most common cause of nonfatal injuries in adults over age 65.

Getting Started:

Choose an activity that you'll enjoy and can do regularly and gives the most benefit.

Take into consideration your interests, health and physical limitations, as well as the ease of accessing the activity. Kirby Pines offers a wide range of classes and a variety of equipment in the Oasis. Schedule time for your new activities: 30 minutes for 5 days quickly add up for the recommended 150 minutes of moderate exercise weekly. Incorporate four different types of activities into an exercise regimen, as they provide different health benefits:

Endurance Activities increase the heart rate and breathing. Including walking, jogging or dancing, they help improve the cardiovascular system. Try the NuStep or Bike in the Oasis.

Strength Exercise such as weight training can help build up muscles and reduce age-related muscle loss. The Oasis is fully equipped to build muscle strength.

Stretching Exercises help keep the body flexible and able to move easily. Tai chi and Yoga stretch can make a difference.

Balance Exercises help improve balance, reducing the risk of falls. Water aerobics and the Sit and Stand classes practice balance moves each class.

As each person has different health issues and medications, checking in with a health care provider before beginning is key to preventing injuries.

If you have any questions about the classes we offer or using the equipment, check with Mary Hand in the Oasis.

Walk across America 2018

Thanks to everyone who participated in our virtual walk across America. This year we chose Route 66, starting in Chicago, down through Missouri and Kansas, passing the Cadillac Ranch near Amarillo, TX, cruising through the Petrified Forest in New Mexico and finishing at the Santa Monica pier in less than 8 weeks. Our Grand Prize (Dinner for Two at the Exquisite Cuisine) was won by Sheryl Maxwell with 263 miles. Janice Wall and Jody Sosh gave her a lot of competition finishing second and third and special recognition went to Gene Wainscott for his impressive mileage. Forty-five walkers joined in and helped accumulate over 2694 miles; amazing how quickly the miles kept adding up. We are already searching for a new and interesting route for next year.



Advanced Water Aerobics

Monday & Wednesday 8:30 am-9:30 am in the Pool

Exercise in the PAC

Monday, Wednesday & Friday 9:30 am in the PAC

Tai Chi

Monday 2:00 pm in the PAC

Yoga Stretch

Wednesday 10:30 am in the PAC

Men's Only Water Aerobics

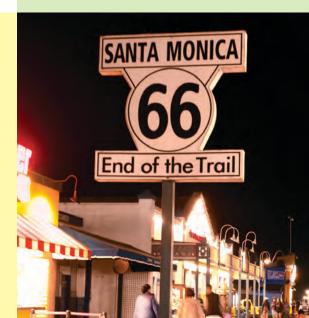
Tuesday & Thursday 8:30 am - 9:15 am in the Pool

Arthritis Foundation Water Aerobics

Tuesday & Thursday 9:30 am - 10:15 am in the Pool

Arthritis Foundation Sit/Stand Class

Tuesday & Thursday
11:00 am - 11:45 am in the PAC





10 Important Tips About FOOT CARE

Proper foot care is essential for older adults because it can help prevent injuries, falls and complications from chronic diseases like diabetes. Learn how to properly care for your feet so they can continue to take you wherever you need to go.

1. Be good to your soles. As you age, the muscle tissue in your feet can thin and your nerves may not work effectively. This can lead to loss of feeling in your feet (neuropathy). Use a long-handled mirror – it will extend your reach several inches – to see what you may not feel. Examine the soles of your feet and in-between your toes every day for cuts, blisters, sores or any areas of skin breakdown from moisture. This is especially important if you have diabetes.

2. Choose the right footwear. Wearing the right footwear can help you keep your balance, prevent falls and reduce the risk of blisters and other injuries. Never purchase shoes that rub or slide around on your heel as you walk – this is a common way to develop blisters that can become more serious sores. Also avoid shoes that are too tight, slick on the bottom, have high heels or pointy toes.



If you have diabetes or neuropathy, talk with your doctor about prescription orthodics (supports or devices worn in your shoes). You may be eligible for custom othodics partially covered by Medicare.

- 3. Get the right fit. Here are a few suggestions:
- Visit the shoe store in the afternoon when your feet are slightly swollen from daily activities.
- Have a sales associate measure your feet so you can select the correct size. It's normal for your feet to change sizes slightly as you age.
- Choose the shoe size that fits your larger foot (it's common to have one foot that's bigger than the other).
- Always try on shoes before you buy them to make sure they fit. A good rule of thumb: your toes should be half an inch from the tips of your shoes when you are standing.
- 4. Barefoot isn't better. When going outdoors, always wear shoes (preferably closed-toe shoes) to prevent cuts, scrapes and falls. It's also best to wear shoes as much as possible while indoors to protect your feet.
- 5. Keep your toenails in tip-top shape. Trimming your toenails correctly (straight across and no shorter than the tip of your toe) is key for preventing ingrown toenails. If you have diabetes or trouble reaching your feet, see a podiatrist (a physician who specializes in foot care), not a nail salon technician, for regular medical pedicures and nail trimming.
- 6. Get the blood flowing. As you age, you may have decreased blood circulation to your feet. To promote healthy circulation:
- Prop up your feet on a stool or couch when sitting down
- Wiggle your toes when you sit for long periods of time
- Stretch daily
- Give yourself regular foot massages

And, if you smoke, now's the time to quit. Smoking can affect good circulation in the body.



- **7.** Keep your feet dry. Change your socks regularly and make sure your feet aren't damp from sweat or a shower before putting on your shoes.
- **8**. ... **But not too dry.** Keep your feet moisturized to prevent cracking, itching and calluses. Stick with gentle soap and apply cream or lotion daily after your shower or bath.
- **9. Fight fungal infections.** Prevent athlete's foot by wearing shoes that fit properly, changing your socks or stockings daily (or whenever they become damp) and applying foot powder each day. If you experience itching or burning, see your podiatrist for treatment.
- 10. Visit your podiatrist regularly for foot checks. Your podiatrist can catch problems like bone spurs, hammertoe, neuromas, bunions, warts, ingrown toenails or wounds before they cause more serious problems.

Please join us April 18th at 1:30 pm in the PAC for our Smart Moves presentation on this topic.

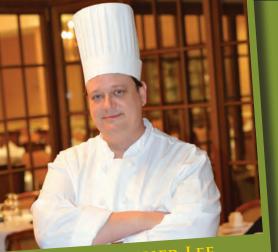




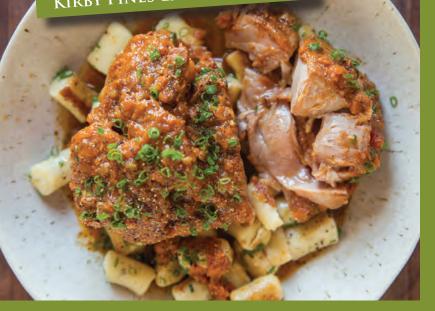
DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

WEDNESDAY, APRIL 18, 2018



CHRISTOPHER LEE
KIRBY PINES EXECUTIVE CHEF





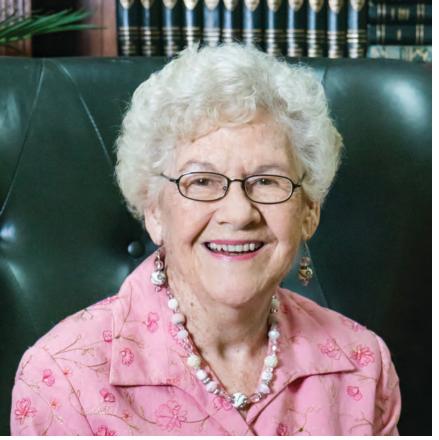
GOLUPTSI DE VEAU - MINI STUFFED CABBAGE LEAVES FILLED WITH MINCED TENDERLOIN AND BASMATI RICE, SLOW SIMMERED IN A TOMATO HERB COULIS

CLASSIC BORSCHT WITH BEET TAPENADE

VEAL OSSO BUCCO WITH ROASTED GARLIC POTATO GNOCCHI, WILTED SPINACH AND GLACE DE VIANDE

BELGIAN DARK CHOCOLATE MOLTEN LAVA CAKE SERVED WARM WITH A SCOOP OF VANILLA BEAN ICE CREAM

FOR RESERVATIONS PLEASE CALL 901.866.4444



Resident Spotlight EUG Seward A LIFE OF SERVICE

Were you fortunate to have a first or second grade teacher who was loving, gentle and comforting? To spend only a few minutes with Flo Seward would convince you that she was such a teacher. Flo taught second grade at Knight Road Elementary for thirty years.

Flo Seward was born in Collierville in 1927 to a family of five daughters. Flo was the middle child and when the fourth daughter was born, she was sent to live with an aunt and uncle in Buntyn Station. Although this was a temporary arrangement, Flo believes that the influence of her aunt, her experiences and exposures during this time shaped her values for service.

After graduating from high school in Collierville at age 16, Flo chose to attend Montreat Junior College in North Carolina. The mission-

ary teachers there influenced her greatly in her future service to God and others.

Flo as a bride in a Tom Thumb Wedding

After graduation, Flo moved back to Memphis, married her high school sweetheart and started her family, eventually having three girls and two boys. Originally working as a secretary in the Sterick Building, Flo realized after her children came, the important role of a teacher. She returned to school at Memphis State University, eventually earning two Masters Degrees in Education.

After 32 years of marriage, Flo and her husband divorced. Her five children had all left home. Feeling the "empty nest syndrome",

Flo contacted the Department of Human Services and became a foster mother of nine little girls over a four year period. A testament to her influence in their lives was apparent when some remained in contact. In fact, the first foster child invited Flo to her wedding and insisted that she be in the wedding picture as "my first mother".

Flo joined the Collierville Methodist Church at age ten and as an adult devoted many hours to teaching Bible classes and singing in the choir. After moving her family to Memphis, she became active in Christ United Methodist Church. Her church involvement there resulted in Flo starting the night circle for working women, a choir for seniors and becoming the tour director for senior excursions. She continues today to work with Diamond Tours in arranging fantastic and inexpensive tours for senior groups.

Perhaps one of the most fulfilling activities for Flo was to become a member of Friendship Force, an organization started by former President Jimmy Carter. The goal of this organization is to build a bridge of peace with foreign countries. Involvement mens living in their homes for several days. This has resulted in Flo traveling to many countries and learning that there are universal feelings and wants for every parent, no matter the country. She has made many lifetime friends and admits that it helped to erase prejudices she formerly held.

A life of service continues for Flo. On Monday, she volunteers at Methodist Germantown Hospital, on Thursday she sings with the First Generation Choir at CUMC. On Friday she tutors two children in reading through a program called Teen Read, sponsored by Germantown Methodist Church.



Flo with her children, grandchildren and foster child at her mother's home on Mother's Day 1963.

Before moving to Kirby Pines, Flo was active in the McWherter Senior Citizen Center. During that time, Flo won the Mid-South Talent Contest for singing and was the winner of the city and state Olympic contests. Her trophies are on display at McWherter Senior Center.

We could not leave Flo's life story without mentioning that she now has seven grandchildren and 11 great-grandchildren. These children are her greatest delight.

With all of her talent and experiences, Flow Seward is a valuable and contributing member of the Kirby Pines family. For inspiration, get to know her. At 90 years of age, Flo is still "Flo-ing".



The very first Earth Day was celebrated on April 22, 1970. This day was created by American Senator, Gaylord Nelson, to make people aware of the importance of keeping our planet healthy and clean. On that day, people made promises to help the environment and make positive changes in their community. Since then, more than 500 million people in over 180 countries have participated in Earth Day activities!

Can you do something to help the planet on Earth Day?

Of course you can! Everything you do to help the planet counts, whether you live in an apartment or garden home! Just being aware of and doing some of the simple things can make a BIG difference. The most important thing to remember is that Earth Day should be EVERY DAY!

The following are 10 easy ways to help planet Earth:

- 1. Turn it up or down 2 degrees. Turn your heat down 2 degrees in the winter & your air conditioner up 2 degrees in the summer.
- 2. Turn it off! When you're the last one to leave the room, ALWAYS turn off the lights!
- 3. Unplug It! Reduce your home energy bill 10% by unplugging your cell phone charger, TV, stereo, and computer when you're not using them.
- 4. Say NO to plastic bags! Bring your own bag when you go shopping. Plastic is bad for land & animals!
- 5. Buy Local! Support local farmers & local businesses who produce here at home.
- 6. Don't Idle! If you are going to be parked more than 10 seconds, turn it off! Idling cars produce 25% of all CO2 emissions.
- 7. Recycle! Cans, bottles, cardboard and plastic. Donate unwanted clothes, toys & furniture.
- 8. Reuse! Get a washable, reusable and refillable water bottle.
- 9. Conserve Water! Turn off the faucet while brushing your teeth and take a short shower rather than a bath.
- 10. Can it! Trash on the ground is unsightly & can end up in our rivers and oceans. ALWAY throw trash in the trash can, NEVER on the ground!

Congratulations employee of the month | Lavada Herman

Lavada has been with Kirby Pines since 2015. She is assistant to the Director of Life Enhancement. Lavada has also helped out in other departments. She is dependable, steps up to the plate whenever needed and does an excellent job at whatever task she is given. She is praised by residents and staff alike for being so friendly and efficient. Lavada always has a big smile on her face. Be sure to congratulate her on this accomplishment when you see her.

Cheryl Grimes, Life Enhancement Director



CHAPLAIN'S CORNER

from Don Johnson, Kirby Pines Chaplain

THEN AND NOW

The events that capture our thoughts at this season often prompt us to remember history past. We focus on the Person and the places that dramatically changed the world. We wonder what it was that caused people 20 Centuries ago to be so committed in the early days of Christianity. The depth of commitment of the early Christian leaders is remarkable beyond our understanding. Consider the following:

- St. Matthew suffered martyrdom by being slain with a sword at a distant city of Ethiopa.
- St. Mark expired at Alexandria, after having been cruelly dragged through the streets of that city.
- St. Luke was hanged upon an olive tree in the classic land of Greece
- St. John was put into a caldron of boiling oil, but escaped death in a miraculous manner, and was afterwards banished to Patmos.
- St. Peter was crucified at Rome with his head downward.
- St. James the Greater was beheaded in Jerusalem.
- St. James the Less was thrown from a lofty pennacle of the temple, and then beaten to death with a fuller's club.
- St. Phillip was hanged up against a pillar at Heiropolis in Phrygia.
- St. Bartholomew was flayed alive.
- St. Andrew was bound to a cross, where he preached to his persecutors until he died.
- St. Thomas was run through the body with a lance at Coromandel in the East Indies.
- St. Jude was shot to death with arrows.
- St. Matthias was first stoned and then beheaded.
- St. Barnabas of the Gentiles was stoned to death at Salonica.

St. Paul after various tortures and persecutions was at length beheaded at Rome by the Emperor Nero.

These early disciples and leaders of Christianity had met Someone, heard what He said, witnessed His betrayal, arrest, trial, rejection, crucifixion and resurrection. Their lives were so changed. Their faith was so fixed. Their love was so deep.

Would anyone living in those troubled times and circumstances have been willing to die for what they knew to be a lie? Could they have endured such terrible and painful pressure, and even give their lives in death for what they knew was false? A thousand times "NO!" Christ was alive...without doubt.

Those who loved and followed Christ did so with stedfast dedication. They did not love merely in word, but in deed as well. They literally sealed with their life what they professed with their lips.

Looking at Christ's sacrificial love and monumental resurrection was motivation to cause them to say with Isaac Watts "Loved so amazing, so divine, demands my soul, my life, my all." (When I Survey)

It's not just how we come to the Cross and the Empty Tomb, it's how we leave them.

Would we today follow Christ in such a sacrificial manner? Would history record our dedication like those martyrs in the beginning? If we are not living for Him today we will certainly not die for Him tomorrow.

Let's be ready now and in all the days ahead to let others see the depth of our commitment and the price we are willing to pay in knowing and following Christ. (Philippians 1:21)

Till next time, Don Johnson, Kirby Pines Chaplain

April Vesper Services • 6:30pm • Performing Arts Center

April 5th

To Be

Announced

April 12th
To Be
Announced

April 19th
To Be
Announced

April 26th
To Be
Announced





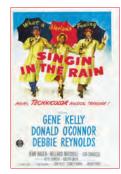












HITCH



Saturday, April 7 at 10:00 am and 2:00 pm (2005) Cast: Will Smith, Eva Mendes, Kevin James

Dating coach Alex "Hitch" Hitchens mentors a bumbling client, Albert, who hopes to win the heart of the glamorous Allegra Cole. While Albert makes progress, Hitchens faces his own romantic setbacks when proven techniques fail to work on Sara Melas, a tabloid reporter digging for dirt on Allegra Cole's love life. When Sara discovers Hitchens' connection to Albert -- now Allegra's boyfriend -- it threatens to destroy both relationships.

GOODBYE CHRISTOPHER ROBIN



Sunday, April 8 at 1:30 pm and 4:00 pm (2017) Cast: Domhnall Gleeson, Margot Robbie, Kelly Macdonald

A rare glimpse into the relationship between beloved children's author A. A. Milne and his son Christopher Robin, whose toys inspired the magical world of Winnie the Pooh. Along with his mother Daphne, and his nanny Olive, Christopher Robin and his family are swept up in the international success of the books; the enchanting tales bringing hope and comfort to England after the First World War. But with the eyes of the world on Christopher Robin, what will the cost be to the family?

FLOWER DRUM SONG



Friday, April 6 at 1:30 pm,

Saturday, April 7 at 6:00 pm & Sunday, April 8 at 6:30 pm (1961) Cast: Nancy Kwan, James Shigeta, Benson Fong

Chinese stowaway Mei Li arrives in San Francisco with her father to meet her fiancé, wealthy nightclub owner Sammy Fong, in an arranged marriage, but the groom has his eye on his star singer Linda Low. This film version of the Rodgers and Hammerstein Broadway musical is filled with memorable song-and-dance numbers showcasing the contrast between Mei Li's traditional family and her growing fascination with American culture.

MURDER ON THE **ORIENT EXPRESS**



Saturday, April 14 at 10:00 am and 2:00 pm (2017) Cast: Kenneth Branagh, Penelope Cruz, Willem Dafoe

Hercule Poirot, the best detective in the world decides to leave on the Orient Express. The train accidentally gets stopped because of a small avalanche. Little did he know that a murder was planned and that a person on this train was able of committing such crime. Will he solve this murder before the train starts working again?

SAME KIND OF DIFFERENT AS ME



Sunday, April 15 at 1:30 pm and 4:00 pm (2017) Cast: Greg Kinnear, Renee Sellwger, Djimon Hounsou International art dealer Ron Hall must befriend a dangerous homeless man in

order to save his struggling marriage to his wife, a woman whose dreams will lead all three of them on the journey of their lives.

SINGIN' IN THE RAIN



Friday, April 13 at 1:30 pm, Saturday, April 14 at 6:00 pm & Sunday, April 15 at 6:30 pm (1952) Cast: Gene Kelly,

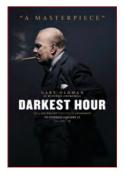
Donald O'Connor, Debbie Reynolds Don Lockwood and Lina Lamont are the darlings of the silent silver screen. Offscreen, Don, aided by his happy-golucky friend and piano accompanist, Cosmo Brown, has to dodge Lina's romantic overtures, especially when he falls for chorus girl Kathy Selden. With the advent of sound in motion pictures, it is decided to turn Don and Lina's new film into a "talkie" and a musical at that. The only problem is Lina's voice. which mere words cannot describe. Thus, Kathy is brought on to dub her speaking and singing voice in secret, and Don's on top of the world. But then





MOVIES

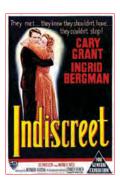












JERSEY GIRL



Saturday, April 21 at 10:00 am and 2:00 pm (2004) Cast: Ben Affleck, Liv Tyler, Raquel Castro

When a work-a-holic man becomes a father and loses his wife in one fell swoop, he does what any man would do, he pawns the kid off on his father and buries himself in his work. But when his father decides that it's time that he shoulder his responsibilities, he learns what it means to be a dad.

DARKEST HOUR



Sunday, April 22 at 1:30 pm and 4:00 pm (2017) Cast: Gary Oldman, Lily James, Kristin Scott Thomas

With Europe on the threshold of World War II as Hitler's armies rampage across the continent's once proud nations, the Prime Minister of the United Kingdom, Neville Chamberlain, is forced to resign, appointing Winston Churchill as his replacement. But even in his early days as the country's leader, Churchill is under pressure to commence peace negotiations with the German dictator or to fight head-on the seemingly invincible Nazi regime, whatever the cost. However difficult and dangerous his decision may be, Winston Churchill has no choice, but to shine in his darkest hour.

THE TROUBLE WITH HARRY



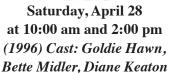
Friday, April 20 at 1:30 pm, Saturday, April 21 at 6:00 pm & Sunday, April 22 at 6:30 pm

(1955) Cast: John Forsythe, Shirley MacLaine, Edmund Gwenn

When a local man's corpse appears on a nearby hillside, no one is quite sure what happened to him. Many of the town's residents secretly wonder if they are responsible, including the man's ex-wife, Jennifer and Capt. Albert Wiles, a retired seaman who was hunting in the woods where the body was found. As the no-nonsense sheriff gets involved and local artist Sam Marlowe offers his help, the community slowly unravels the mystery.

FIRST WIVES CLUB





Despondent over the marriage of her ex-husband to a younger woman, a middle-aged divorcée plunges to her death from her penthouse. At the woman's funeral, her former college friends reunite for the first time in nearly 30 years. When the three discover the reason for their friend's suicide, they realize that all of their ex-husbands have taken them for granted -- and deciding it's time for revenge, they make a pact to get back at their exes.

THE SPACE BETWEEN US



Sunday, April 29 at 1:30 pm and 4:00 pm (2017) Cast: Gary Oldman, Asa Butterfield, Carla Gugino

Gardner Elliot, the first human born on Mars, begins an online friendship with Tulsa, a teen in Colorado. On his maiden voyage to Earth, the 16-year-old finally gets to experience all the joys and wonders of a world he could only read about. Problems arise when scientists discover that Gardner's organs can't withstand the atmosphere. United with Tulsa and on the run, the interplanetary visitor races against time to unravel the mysteries of how he came to be, and where he belongs in the universe.

INDISCREET



Friday, April 27 at 1:30 pm, Saturday, April 28 at 6:00 pm & Sunday, April 29 at 6:30 pm (1958) Cast: Cary Grant,

Ingrid Bergman, Cecil Parker

Famous theater actress Anna Kalman has resigned herself to her single life, believing that she has missed her chance at meeting a husband. Weary of socializing in Europe, she returns to her London flat, where her sister Margaret and diplomat brother-in-law Alfred invite her to a banquet. She demurs until Alfred's banker friend, Philip Adams, arrives and a flirtation begins. Their romance blossoms -- but he's already married.



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:00 am • Duplicate Bridge (LCR) 9:00 am • Smith Jewelers (SCR) 9:30 am • Group Exercise (PAC) 10:00 am • First Monday Poetry Group (Ante) 10:00 am • Focus on Color (A&C) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Billiard Group (BR) 1:30 pm • Game Play (LCR) 1:30 pm • Magnum: Dream A Little Dream (Thtr) 2:00 pm • Tai Chi (PAC) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Dillard's Trunk Show & Sale (LCR) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:30 pm • Movie: Waitress (Thtr) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Bunko (LCR) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Movie: Waitress (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Service (Chapel) 10:00 am • Shuffleboard (PAC) 10:00 am • Kirby Pines Travelers Meeting (LCR) 10:30 am • Yoga Stretch (PAC) 1:00 pm • Needle Arts Group (A&C) 1:30 pm • Movie: Just Getting Started (Thtr) 1:30 pm • Game Play (LCR) 2:00 pm • Wii Bowling (LCR) 6:30 pm • Bridge (LCR) 6:30 pm • Movie: Just Getting Started (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study w/Dave Phillips (Chapel) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:00 pm • Walmart & Banks (Trans) 1:00 pm • Dr. Mike Abutineh (WC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Lonesome Dove: Part 1 (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 5:15 pm • The Gaither Vocal Band (Trans) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 10:00 am • Art with Helen (A&C) 10:00 am • Walmart & Banks (Trans) 10:00 am • Mahjong with Jody (Ante) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Movie: Flower Drum Song (Thtr) 6:00 pm • Music with Joyce Cobb (Lobby) 6:30 pm • Bridge (LCR)	7:30 am • Men's Christian Fellowship (Ante) 9:00 am • Duplicate Bridge (LCR) 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Intermediate Line Dancing (PAC) 2:00 pm • Weekend Movie (Thtr) 2:30 pm • Line Dancing (PAC) 4:00 pm • Shuffleboard (PAC) 6:00 pm • Classic Movie (Thtr)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Alterations (A&C) 9:30 am • Group Exercise (PAC) 10:00 am • Josephine Circle Lunch@Tiffany's (Trans) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Billiard Group (BR) 1:30 pm • Game Play (LCR) 1:30 pm • Magnum: I Witness (Thtr) 2:00 pm • Tai Chi (PAC) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Bunko (LCR) 1:30 pm • Nat Geo: Search for Kennedy's PT 109 (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Birthday Night with The Isbell Family (PAC)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Memphis Hearing Aid (A&C) 10:00 am • Catholic Service (Chapel) 10:00 am • Shuffleboard (PAC) 10:30 am • Kirby Pines Garden Club (Greenhouse) 10:30 am • Yoga Stretch (PAC) 12:00 pm • Spanish Outing at Molly's La Casita (Trans) 1:00 pm • Needle Arts Group (A&C) 1:30 pm • Game Play (LCR) 1:30 pm • Movie: Plain Truth (Thtr) 2:00 pm • Wii Bowling (LCR) 6:30 pm • Movie: Plain Truth (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study w/Dave Phillips (Chapel) 10:45 am • Lunch Bunch @ Paulette's (Trans) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:00 pm • Walmart & Banks (Trans) 1:00 pm • Dr. Mike Abutineh (WC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Lonesome Dove: Part 2 (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 10:00 am • Art with Helen (A&C) 10:00 am • Walmart & Banks (Trans) 10:00 am • Mahjong with Jody (Ante) 11:00 am • Oak Court Mall (Trans) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Movie: Singing in the Rain (Thtr) 6:00 pm • Music with Heart Memphis Duo (Lobby) 6:30 pm • Bridge (LCR)	7:30 am • Men's Christian Fellowship (Ante) 9:00 am • Duplicate Bridge (LCR) 10:00 am • Weekend Movie (Thtr) 10:00 am • Bible Study "Thru the Bible" (SCR) 1:30 pm • Game Play (LCR) 1:30 pm • Intermediate Line Dancing (PAC) 2:00 pm • Weekend Movie (Thtr) 2:30 pm • Line Dancing (PAC) 4:00 pm • Shuffleboard (PAC) 6:00 pm • Classic Movie (Thtr) 6:30 pm • Trivia Night (Lobby)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:00 am • Smith Jewelers (SCR) 9:30 am • Group Exercise (PAC) 10:00 am • Focus on Color (A&C) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Billiard Group (BR) 10:45 am • Episcopal Eucharist (Chapel) 1:30 pm • Magnum PI: Echoes of the Mind (Thtr) 1:30 pm • Game Play (LCR) 2:00 pm • Tai Chi (LCR) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • Basic Water Aerobics (Pool) 10:15 am • Traveler's: Children's Museum (Trans) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Bunko (LCR) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Spring Dance with The Sturgess Daily Band (PAC)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Service (Chapel) 10:00 am • Shuffleboard (PAC) 10:30 am • Yoga Stretch (PAC) 1:00 pm • Needle Arts Group (A&C) 1:30 pm • Smart Moves "Foot Care" (PAC) 1:30 pm • Game Play (LCR) 2:00 pm • Virtual Tour (Thtr) 2:00 pm • Wii Bowling (LCR) 6:30 pm • Bridge (LCR)	8:30 am • Men's Water Aerobics (Pool) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study w/Dave Phillips (Chapel) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:00 pm • Walmart & Banks (Trans) 1:00 pm • Dr. Mike Abutineh (WC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Lonesome Dove: Part 3 (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 3:30 pm • KP Photo Club (LCR) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 10:00 am • Art with Helen (A&C) 10:00 am • Walmart & Banks (Trans) 10:00 am • Mahjong with Jody (Ante) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Movie: The Trouble with Harry (Thtr) 6:00 pm • Music with Harmonic Revival (Lobby) 6:30 pm • Bridge (LCR)	7:30 am • Men's Christian Fellowship (Ante) 9:00 am • Duplicate Bridge (LCR) 10:00 am • Weekend Movie (Thtr) 1:30 pm • Game Play (LCR) 1:30 pm • Intermediate Line Dancing (PAC) 2:00 pm • Weekend Movie (Thtr) 2:30 pm • Line Dancing (PAC) 4:00 pm • Shuffleboard (PAC) 6:00 pm • Classic Movie (Thtr) 6:30 pm • Southwest HS - Minneapolis (PAC)
8:00 am • Church of Christ Service (Chapel) 10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr) 1:30 pm • GPAC: IRIS Orchestra (Trans) 2:00 pm • Musica Antigua Memphis (Lobby) 4:00 pm • Weekend Movie (Thtr) 6:30 pm • Classic Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Alterations (A&C) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:00 am • Movie: Plain Truth (Thtr) 10:30 am • Billiard Group (BR) 1:30 pm • Game Play (LCR) 1:30 pm • Magnum Pl: Mac's Back (Thtr) 2:00 pm • Tai Chi (PAC) 6:30 pm • Bingo (PAC)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Dr. Mike Abutineh (WC) 9:30 am • The Book Baggers (Chapel) 9:30 am • Basic Water Aerobics (Pool) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Movie: Shoot to Kill (Thtr) 1:30 pm • Bunko (LCR) 2:00 pm • Kirby Pines Art Show (Lobby) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Movie: Shoot to Kill (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Catholic Service (Chapel) 10:00 am • Shuffleboard (PAC) 10:30 am • Yoga Stretch (PAC) 1:00 pm • Needle Arts Group (A&C) 1:30 pm • Movie: Spotlight (Thtr) 1:30 pm • Game Play (LCR) 2:00 pm • Wii Bowling (LCR) 6:30 pm • Bridge (LCR) 6:30 pm • Movie: Spotlight (Thtr)	8:30 am • Men's Water Aerobics (Pool) 9:00 am • Senior Fit Test (LCR) 9:30 am • Basic Water Aerobics (Pool) 10:00 am • Kroger & Banks (Trans) 10:00 am • Bible Study w/Dave Phillips (Chapel) 11:00 am • Arthritis Sit/Stand Class (PAC) 1:00 pm • Walmart & Banks (Trans) 1:00 pm • Dr. Mike Abutineh (WC) 1:30 pm • Beginners Line Dancing (PAC) 1:30 pm • Lonesome Dove: Part 4 (Thtr) 2:30 pm • Advanced Line Dancing (PAC) 6:30 pm • Vespers (PAC)	9:30 am • Group Exercise (PAC) 10:00 am • Art with Helen (A&C) 10:00 am • Walmart & Banks (Trans) 10:00 am • Mahjong with Jody (Ante) 1:00 pm • Superlo & Bank (Trans) 1:30 pm • Movie: Indiscreet (Thtr) 6:30 pm • Bridge (LCR) 6:30 pm • Kirby Pines Talent Show (PAC)	7:30 am • Men's Christian Fellowship (Ante) 9:00 am • Duplicate Bridge (LCR) 10:00 am • Weekend Movie (Thtr) 10:00 am • Bible Study "Thru the Bible" (SCR) 1:30 pm • Game Play (LCR) 1:30 pm • Intermediate Line Dancing (PAC) 2:00 pm • Weekend Movie (Thtr) 2:30 pm • Line Dancing (PAC) 4:00 pm • Shuffleboard (PAC) 6:00 pm • Classic Movie (Thtr) 6:30 pm • Trivia Night (Lobby)
10:00 am • Worship Service (PAC) 1:30 pm • Weekend Movie (Thtr)	8:30 am • Advanced Water Aerobics (Pool) 9:30 am • Group Exercise (PAC) 10:00 am • Hobby Pines Group (Hobby Shop) 10:30 am • Billiard Group (BR) 1:30 pm • Game Play (LCR) 1:30 pm • Magnum Pl: Legacy of Garwood Huddle (Thtr) 2:00 pm • Tai Chi (PAC) 6:30 pm • Bingo (PAC)	April 2018			ABBREVIATIONS KEY	
					 Thtr - Theater FDR - Formal Dining Room PAC - Performing Arts Center BR - Billiard Room Trans - Transportation 	 HS - Hobby Shop SCR - Small Card Room A & C - Arts & Crafts Room LCR - Large Card Room WC - Wellness Clinic

The Pinecone | April 2018 Calendar

April 2018 EVENTS

Apr 2: Get Fit with Oasis Coordinator Mary Hand

Advanced Water Aerobics classes will be held on Mondays & Wednesdays at 8:30 am. Basic and Beginning Water Aerobics is on Tuesdays & Thursdays at 9:30 am. Men's Water Aerobics are held on Tuesdays & Thursdays at 8:30 am. Arthritis Sit/ Stand classes are on Tuesdays & Thursdays at 11:00 am in the PAC.



Apr 2: Duplicate Bridge

If you play "Bridge", come try "Duplicate", No Masterpoints, just fun! Every Monday and Saturday morning from 9:00 am to noon in the Large Card Room.

Apr 2: First Monday Poetry Group

Come to listen; come to read; come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out "The Poet's Corner" on the post office bulletin board where a residential poet will be featured each month. We meet the first Monday of every month in the Ante Room at 10:00 am.

Apr 5: Focus on Color

Coloring books are incredibly simple, portable, easy to pick up and put down, and a colored–in page takes up almost no space at all. So come to the Arts and Crafts Room the first and third Monday at 10:00 am.

Apr 2: Magnum PI: Dream A Little Dream

A surfer claims her ex-husband is threatening her and wants to kidnap their daughter. 1:30 pm in the Movie Theater.

Apr 2: Game Play Group

Like to play games? Bring your own to share or join in with someone already there! Meets in the Large Card Room every Monday, Wednesday and Saturday at 1:30 pm.

Apr 2: Tai Chi

Originally developed for self-defense, Tai Chi has evolved into a graceful form of exercise that's now used for stress reduction and a variety of other health conditions. Every Monday in the PAC at 2:00 pm.

Apr 2: Bingo Night

Join us for a fun-filled evening of BINGO! Entry costs only \$1 per card, with an opportunity to win up to two prizes. Every Monday night at 6:30 pm in the PAC.

Apr 3: Medical Director Dr. Mike Abutineh MD

Will be in the Wellness Clinic Tuesdays 9:00 am -12:00 pm and Thursdays 1:00-4:30 pm. Appointments required.

Apr 3: Spring Fashion Event and Sale with Dillards

Join us in the LCR as the folks from Dillard's bring us some of their spring fashions for 2018. If you see something you want that is not here in your size they will get it from the store and bring it back or order it for you if it is not in stock. The event will be from 10:00 am to noon.

Apr 3: BUNKO

Join this fun group of folks every Tuesday at 1:30 pm in the LCR for the great game of BUNKO.

Apr 3: Waitress

Jenna is a pregnant, unhappily married waitress in the deep south. She meets a newcomer to her town and falls into an unlikely relationship as a last attempt at happiness. Showtimes 1:30 pm and 6:30 pm in the Theater.



Apr 4: Yoga Stretch

Yoga is known to have a wide range of benefits. This is not advanced so don't worry about getting on the floor and not being able to get up. You will be sitting in a chair or standing. Class is every Wednesday at 10:30 am in the PAC.

Apr 4: Just Getting Started

A two-hander action comedy in the vein of Midnight Run (1988), about an ex-F.B.I. Agent and an ex-mob lawyer in the Witness Protection Program having to put aside their petty rivalry on the golf course to fend off a mob hit. Showtimes 1:30 pm & 6:30 pm in the Movie Theater.

Apr 4: Virtual Wii Bowling

Come join the fun every Wednesday afternoon at 2:00 pm in the Large Card Room. No skill required. It is set up on the TV; all you have to do is check out the remotes from the Front Desk and return them whenever your game is over.

Apr 5: Lonesome Dove: Part 1

Lonesome Dove is an American epic Western four part miniseries adapted from the 1985 novel of the same name by Larry McMurtry. The series stars Robert Duvall and Tommy Lee Jones. Part 1 In Lonesome Dove, Texas, former Texas Rangers Augustus 'Gus' McCrae and Woodrow F. Call are spending their time not doing much of anything. They have something of a reunion when old friends Jake Spoon and Joshua Deets arrive. Showtime 1:30 pm in the Theater.



Apr 5: The Gaither Band

Since the early 1990s, the Gaither Vocal Band has served as a standard-bearer in the world of gospel music. Founded by legendary gospel songwriter and producer, Bill Gaither, this Grammy-winning vocal group has performed in the worlds most prestigious venues. Today, the Gaither Vocal Band roster is comprised of five power-packed voices, including Bill Gaither, Wes Hampton, Adam Crabb, Todd Suttles and Reggie Smith. If you would like a ticket call Cheryl @ 369-7310. Cost is \$22.00 general admission. The last day to buy a ticket is Tuesday, April 3rd. Sign up in transportation. The departure time will be 5:15 pm.

Apr 6: Art with Helen

Whether you are already an artist or would like to learn, join teacher Helen Gaines on Fridays at 10:00 am in the Arts & Crafts Room.

Apr 6: Music with Joyce Cobb

Joyce Cobb is closely associated with traditional blues and jazz artists, most specifically being in the style and lineage of Memphis Minnie, Bessie Smith, Billie Holiday, and Sarah Vaughan. Join us for this fabulous artist in the Lobby at 6:00 pm.

Apr 7: Men's Christian Fellowship

The Men's Christian Fellowship meets every Saturday morning in the Ante Room at 7:30 am. There is a rotating list of resident speakers who give a devotion at each meeting. Come enjoy coffee and fellowship with us each week.



Apr 9: Josephine's Circle Luncheon at Tiffany's

Silent Auction 10:30 am with Luncheon at noon, fashion show 12:30 pm. At the Hilton. Tickets are \$50.00. To purchase a ticket call Kathy Smith @ 830-0977. Sign up in Transportation bus will leave at 10:00 am.

Apr 9: Magnum PI: I Witness

Eyewitnesses TC, Rick and Higgins each report a different version of what happened during a robbery at the King Kamehameha Club. 1:30 pm in the Movie Theater.

Apr 10: Nat Geo: Search for Kennedy's PT 109

Embark on a search for the truth about one of the most legendary war stories of the 20th century. Set sail with Dr. Robert Ballard, discoverer of the Titanic, as he attempts to locate John F. Kennedy's sunken torpedo boat, PT 109. 1:30 pm in the Theater.

Apr 10: Birthday Night with The Isbell Family

The Isbell Family is an anointed family of gifted songwriters and beautiful harmony and are professionals in the southern and bluegrass/country gospel field! You will be blessed by their spiritual testimonies and presentation of the gospel through song! Join them in the PAC at 6:30 pm.

Apr 11: Memphis Hearing Aid Service

On the second Wednesday of every month, at 10:00 am in the Arts & Crafts Room, Dr. Rena C Booth will be offering: Free Hearing Evaluation, Free Hearing Aid Consultation, Free Hearing Aid Clean, Check, and Adjustment. Please call 682-1529 for more information or to schedule a visit.

Apr 11: Garden Club Meeting

Garden News: The seeds are planted and doing well. We will begin to plant seedlings in the garden mis-April. We have Early girl, Roma, cherry and Beef Steak tomatoes. Bell peppers, Jalapeno and squash. Okra and oninos will be planted when avalible. We have the weed control fabric. Irrigation will be installed after beds are fertilized. Check white board in green house for your plot location. If your putting pots out on your patio pick spot with the most sun. Come on down to the Greenhouse every 2nd Wednesday of every month at 10:30 am rain or shine and dig in!

Apr 11: Spanish Class Outing: Molly's La Casita

The Spanish Class is headed down to Molly's to use their language skills. Even if you are not in Spanish class this will be a fun lunch trip. Molly's La Casita has served delicious Tex-Mex food and Award Winning Margaritas for over thirty years in Memphis! Sign up in Transportation. Departure time noon.



Apr 11 & 23: Plain Truth

An unmarried 18 year-old Amish girl is charged with the murder of her infant child. Even though she is adament about not ever being pregnant. Showtimes are 1:30 pm & 6:30 pm. Will be shown again at 10:00 am on Monday, April 23.

Apr 11: Ham-ateur Meeting

Calling all Hamateurs! Come to a reorganizational meeting on Wednesday, April 11th at 1:00 pm in the Chapel. We will make plans for the next program. Please invite new residents to join us. We need work back stage not just on the stage. Look forward to seeing you there.

Apr 12: Lonsome Dove: Part 2

With the loss of Sean O'Brien, the cook refuses to cross the river and Woodrow and Gus find themselves in their old stomping grounds of San Antonio looking for someone to prepare their meals. Showtime 1:30 pm in the Movie Theater.

Apr 12: Lunch Bunch: Paulette's

Combine guests' favorite recipes of 40 years as a revered Memphis dining establishment with extraordinary chef-created offerings, and you have the popular, award-winning Paulette's Restaurant. Sign up in Transportation. Depature will be at 10:45 am.

Apr 13: Music with Heart Memphis Duo

Adam Levine on keyboards and vocals and Steve Corbett on guitar play song memories to brighten your day. Both musicians have been part of the Memphis music scene for many years. Their performances are fun and energetic, and always include audience participation. Come check them out in the Lobby at 6:00 pm.

Apr 14 & 28: Through the Bible

Through the Bible is a study of the Bible led by Gail Kommer and Barbara Hyland, meeting the 2nd and 4th Saturday of every month at 10:00 am in the Small Card Room. Class discussion is encouraged. Bring a Bible and notebook. Join this group of ladies who enjoy learning about God's Word. All are welcome.

Apr 14 & 28: Trivia Night

Come play trivia if you like to play just for fun, non competitive. Meet the gang in the Lobby every 2nd and 4th Saturday of the month at 6:30 pm.

Apr 16: Magnum PI: Echoes of the Mind

Magnum protects a woman receiving death threats; Higgins' reluctant love suddenly agrees to marry him. Deirdre Dupres, Diane's twin sister, arrives and tells Magnum the truth about Diane. Showtime 1:30 pm in the Theater.



Apr 17: Travelers Outing: Children's Museum & Central BBO

Don't miss this fun trip to the children's museum. We will have a guided tour of the museum, exhibit area and view the beautifully restored (\$1.2 million) Grand Memphis Carousel. The Grand Carousel is a big deal. It's one of the few historic Carousels in the country, and it was named to the National Register of Historic Places. Tour of the museum is free, those wishing to ride the carousel pay only \$3.00. After will head over to Central BBQ for a scrumptious lunch. Sign up in Transportation. Departure time is 10:15 am.



Apr 17: Spring Dance with The Sturgess Daily Band

Let this team of talented musicians take you on a journey through the decades from the 50's through the 80's with vintage rock and roll as well as country hits. Come on down and enjoy the music at 6:30 pm in the PAC.

Apr 18: Smart Moves

This month's topic is "Foot Care". The meeting will be held 1:30 pm in the PAC.

Apr 18: Virtual Field Trip: Music in the Movies

We will be connecting live with the Cleveland Institute of Music to discover the way music has played a role in the movies we have come to love. Learn how it helps to tell a story and heighten the emotional impact of movie scenes. Meet us in the Movie Theater at 2:00 pm.

Apr 19: Lonesome Dove: Part 3

Gus and Lorena rejoin the cattle drive. Elmira makes her way to Ogallala, with July close on her heels. Showtime 1:30 pm in the Theater.

Apr 20: Music with Harmonic

Harmonic Revival is a four piece acoustic band that plays an eclectic variety of music. Bluegrass, country, gospel, old school rock, as well as some current selections. This is their first time playing at Kirby. Let's have a good turn out. Friday at 6:00 pm in the PAC.

Apr 21: Southwest High School - Minneapolis

Make sure you come enjoy this talented youth group. They have a classical guitar orchestra, singer-songwriters, a small classical ensemble and some folk-singing, rock-a-billy style musicians. They are happy to be here to entertain you at 6:30 pm in the PAC.

Apr 22: IRIS Orchestra: Violinist Elana Urioste

Stravinsky: The Fairy's Kiss, Korngold: Violin Concerto, Tchsikovsky: Duite No. 3 Elena a long time member of IRIS Orchestra is now an up-and-coming soloist of growing renown. Call the GPAC box office for tickets @ 751-7500. Sign up in Transportation. Departure time is 1:30 pm.

Apr 22: Musica Antigua Memphis

Musica Antigua Memphis will be presenting a program entitled "Farewell Dear Love: Dances, Songs and Ayres from Shakespeare's England." The group specializes in music from the 12th to the 17th centuries, playing on replicas of historic instruments which include recorders, lute, cittern, viol and crumhorn. In the Lobby at 2:00 pm.

Apr 23: Magnum PI: Mac's Back

Thomas uncovers illegal gambling while trailing a Navy chaplain who is the double of a friend killed in an explosion. 1:30 pm in the Movie Theater.

Apr 24: The Book Baggers

Whether you read or would like to hear about books being discussed, come and check us out. This month's read will be "Plain Truth" by the best seller author, Jodi Picoult. The Movie will be played April 11 and 23. The Book Baggers meet the 4th Tuesday of every month in the Chapel at 9:30 am.

Apr 24: Shoot To Kill

An FBI agent teams up with a tracker to pursue a murderer after he vanishes into the mountains and infiltrates a hiking group. Showtimes 1:30 pm & 6:30 pm.

Apr 24: Kirby Pines Art Show

Talented people are all around us a Kirby Pines using a large variety of mediums. We will showcase their talents with an Art Show on Tuesday, April 24th from 2:00 pm until 4:00 pm in the Lobby and bistro area. Be sure to invite your friends and family to this exciting event. Refreshments will be served.

Apr 25: Spotlight

The true story of how the Boston Globe uncovered the massive scandal of child molestation and cover-up within the local Catholic Archdiocese, shaking the entire Catholic Church to its core. Showtimes 1:30 pm & 6:30 pm.



Apr 26: Senior Fit Test

Come over to the LCR and check out your fitness level. The folks from Rehab will be there to test your level of fitness and work with you to make a plan to help you with any issues you may have or just up your level of fitness as a whole. They will start at 9:00 am and finish at noon.

Apr 26: Lonesome Dove: Part 4

Still on the trail, the men face ever increasing danger. They have an 80 mile stretch without water and the weather has turned with the onset of winter. Showtime 1:30 pm in the Theater.

Apr 27: Kirby Pines Talent Night

The "stars" of Kirby Pines come out tonight to showcase their musical talents. Join them for a delightful evening as they provide a variety of selections and styles. Join us at 6:30 pm in the PAC.

Apr 29: Memphis Camerata String Quartet

Join us as Noel Medford brings back his Camerata string quartet. They will be playing Beethoven op. 18 c minor String Quartet & Borodin no. 2 D Major String Quartet. Join this talented group at 1:30 pm in the Lobby.

Apr 30: Magnum PI: The Legacy of Garwood Huddle

Garwood Huddle, an infamous 1940s bank robber, escapes from a Hawaiian prison and asks Magnum to help locate his grandson who has been kidnapped.1:30 pm in the Movie Theater.

PUZZLE CHALLENGE | Giant Crossword

ACROSS

- 1. Lower part of a skull
- 4. Small viper
- 7. Globe
- 12. Couch
- 13. Poker stake
- 14. Farewell remark
- 15. Canoe stabilizer
- 17. French artist 1834 -1917, Edgar ____
- 18. Beer
- 19. English composer 1862 -1934, Frederick
- 21. Frequently
- 22. For each
- 23. Form of security
- 24. Bucket
- 27. Affirmative
- 28. Composer famous for his Water Music
- 30. Salvage
- 33. West African country
- 36. Giant
- 38. Biblical brother
- 39. Spoil
- 40. Film director, ____ Preminger
- 41. Stringed instrument
- 43. Is obliged to pay
- 45. A mix of boys and girls, in short
- 46. Bohemian composer, Antonin Leopold ____
- 48. Attempt
- 50. Water jug
- 51. Ripped
- 53. Gremlin
- 56. Skill
- 58. Polish composer Frederic ____
- 60. Observe
- 61. Bind
- 64. Worldwide
- 66. Drama set to music
- 67. A telephone connection
- 68. Female relative
- 69. Sometimes given for thoughts
- 70. Expert
- 71. Obtain

DOWN

- 1. Unit of electical energy
- 2. Later
- 3. Armed conflict
- 4. Can be acute or obtuse

- 10 11 12 13 14 15 17 16 18 19 21 20 22 23 24 25 26 27 28 29 32 33 36 30 31 34 35 37 38 39 40 41 42 43 44 45 47 48 49 50 52 53 54 55 58 60 59 56 57 65 61 62 63 64 67 68 66 70 71 69
- 5. Beer mug (see photo for hint)
- 6. Lima is the capital
- 7. Batch
- 8. Type of Poem
- 9. Opera by Giuseppe Verdi
- 10. Part of a tree or book
- 11. Fine particles
- 12. As seen on TV
- 13. Type of discrimination
- 16. Not working
- 20. Health resort near a spring
- 25. Insect
- 26. Foolish conduct
- 27. Color
- 28. Charter
- 29. Tardy
- 30. Pouch
- 31. Lying in
- 32. Type of fabric
- 34. Berserk
- 35. Body of rules
- 37. Indicate assent
- 42. Metal-bearing mineral
- 44. Attempt with effort
- 47. Part of a circle

- 49. First name of philosopher, Descartes
- 51. Bracer
- 52. Speak up
- 53. Publish
- 54. Intended
- 55. Fur
- 56. At the peak
- 57. Mature
- 59. Polynesian dance
- 62. Large vase
- 63. Salary
- 65. Type of music, usually for piano



Puzzle Solutions - page 21

KIRBY PINES SnapShots



Joyce Reed, Hazel Canon, Grace Williams, Sydney Wagner and Carolin Thomason pictured here at the Bookbaggers meeting with speaker Joyce Cobb



The Travelers Group enjoyed a tour and lunch at L'école Culinaire pictured here with their tour guide



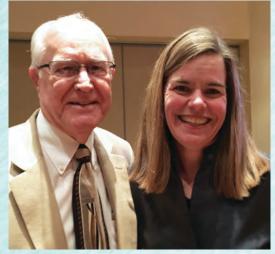
Wanda Semsch runs into an old friend, one of the pastry chef students at L'école



Connie Oakes and Mary Stagg anxiously awaiting for the first course



Sharon Overman really enjoyed the tour, as did everyone elsel



Larry McKenzie pictured here with Resident Association meeting speaker, Memphis District Attorney, Amy Weirich Photo by resident, Sydney Wagner



Arrena Cheek, Mary Ann and Roy Thurmond are pictured here with the singers and director of Opera Memphis after the Operatizer came to Kirby Pines

KIRBY PINES SnapShots



Carline Pickler enjoyed her birthday dinner with her daughter Dawn and son-in-law Bill Thrasher along with friends Gail Tyler and Mary Scott



Ann Morton had a great time on her birthday with Dr. Tom Hickey, Don Glowen and Robert and Barbara Fowler



James Gray had a wonderful birthday dinner with wife Betty friends Robert Newcomb, Bea Barnes, DeDe Scott and Dr. Ed Scott



Pat Rhodes celebrated at birthday dinner with husband Gene, son Preston Croft, daughter Lynn Sheilds, her daughter, April and daughter-in-law Jackie



Jeannie Valentine and Jim Stanley take a spin on the dance floor at the St Patrick's Dance



Lee Brown gets ready for some tech advice from the bridge builders students at Kirby helping our residents with their device questions



Jerry Dunnam shares with some of the bridge builder students during their visit. Photo by resident Carolin Thomason

KIRBY PINES SnapShots



Some of the Travelers Group check out the greenhouse at Brussel's Bonsai Nursery in Olive Branch, Mississippi



The tree Peggy Hogan is trying to hide behind is over 600 years old and one of many beautiful trees at Brussel's Bonsai



Lou Moore and Jan Schlotfeldt shopping for baked goods after lunch at Backermann's Country Market



Sheryl Maxwell checks out some of the cookware at Backermann's in Whiteville, Tennessee



Sisters and residents, Merry LeShane & Donna Griffin, had a great time at Backermann's and want to go back again



Maxie Dunnam shares a laugh with resident, Bill Odom at his book signing, held at Kirby Pines.



Resident Helen Boyd gets her copy of Maxie Dunnam's latest book, "God Outwitted Me", signed by the author himself!









SELFIE FUN AT KIRBY PINES

Can you match the face with the name?









A) Louise Day B) Jerry Dunnam C) Jim Stafford & Ann Davis
D) Jan Thomson E) Jeannie Valentine & Jim Stanley F) Liz Collier
G) Helen Noah H) Dr. Don & Marilyn Duke
See Answers On Page 22



GIANT
CROSSWORD
ANSWERS
TO PUZZLE
CHALLENGE
ON PAGE 17

Memorials, <u>Honorariums</u> & Gifts

In Memory Of

MARY JANE YOUNG

Donation by Betty Cartwright to the General Fund

CHARLES STAGG

Donation by Shelton & Sydney Wagner to the General Fund

Donation by Constance Oakes to the General Fund

Donation by Rena Jirack to the Employee Fund

Donation by Carlie Ann Davis to the Employee Fund

Donation by Mildred DeBois *to the Employee Fund*

Donation by Mary Cooper Morrison to the Employee Fund

Donation by the Kirby Pines Resident Association to the Employee Fund

Donation by Kirby Pines Administration to the Library Fund

MARY OGILVIE

Donation by Joan Dodson to the Entertainers

MARTHA WILSON

Donation by Sylvia Statham to the General Fund

Donation by Mary Cooper Morrison to the Book Baggers

WANDA LUTZ

Donation by the Kirby Pines Resident Association to the Employee Fund

Donation by Kirby Pines Administration to the Library Fund

JOY STEVENS

Donation by the Kirby Pines Resident Association to the Hobby Shop

Donation by Kirby Pines Administration to the Library Fund

Continued on page 22.....

Memorials, Honorariums & Gifts

Continued from page 21.....

In Honor Of

MANOR EMPLOYEES

Donation by Mary Stagg to the Employee Fund

HAROLD PETTY

Donation by Jane Tomlinson to the Hobby Shop

Donation by David Phillips *to the Hobby Shop*

MARK MAXWELL

Donation by Mary Ann & Roy Thurmond to the Hobby Shop

Donation by Ken & Carolin Thomason to the Hobby Shop

Donation by Sharon Overman to the Hobby Shop

Gifts To

THE HOBBY SHOP

Donation by Lou Anders

THE KIRBY PINES FOUNDATION



A WIN - WIN EFFORT

The Kirby Pines Foundation's mission is to provide philanthropic support and assistance to residents who may need the help of others through no fault of their own.

DONATIONS

Anyone can make a donation directly through Kirby Pines or at our website: www.kirbypines.com

FOR MORE INFORMATION

Contact Thomas O'Malley at 901-568-0643 or email: tomalley@kirbypines.com

SELFIE ANSWERS FROM PAGE 21: 1D, 2F, 3H, 4C, 5B, 6G, 7A, 8E



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