ROCK & ROLL HISTORY AT:
SUN STUDIO

Get Ready... Get Wet... Go! | Never Let Go | Resident Spotlight: Joan Dodson | Social Scenes
The phrase “Happy Thanksgiving” can be heard throughout the community at this time of the year. We hear it from friends made years ago and from new friends we have made in the last month.

When we think about Thanksgiving, many thoughts come to mind. First, there is the image of pilgrims and the Wampanoag tribe in 1621, sitting down together for a feast and giving thanks for the harvest. There are the more modern portrayals of shopping on Black Friday, football games and eating all day. The roots of Thanksgiving, however, go back to Roman times when they celebrated the harvest and gave thanks to the goddess of agriculture, Ceres. In Exodus 23:16 it is referenced by saying “Celebrate the Feast of Harvest with the firstfruits of the crops you sow in your field. Celebrate the Feast of Ingathering at the end of the year, when you gather in your crops from the field.”

While we grew up learning that the pilgrims were the first to have Thanksgiving in America, this isn’t entirely true. Marian Horvat, Ph.D., claims the first Thanksgiving in America was held in 1598 by Spanish explorers in El Paso. Also, it would be absurd to think that Native American tribes didn’t celebrate an autumn festival of harvest, when so many other cultures were doing so. The pilgrims no doubt held a fest and a day of thanks, but it wasn’t the first, just the most iconic in American history.

President Lincoln officially recognized the holiday in 1863, in an attempt to unify the North and South with a singular, cultural holiday. Much later, President Franklin D. Roosevelt declared Thanksgiving is set to fall on the fourth Thursday in November. This move was largely in part to boost the economy and provide a longer holiday shopping season for Christmas.

The image of pilgrims and natives sitting down together does offer a symbol of peace. It’s a beautiful moment in history we can look back on, be humbled and be thankful for what we have and for those around us. Thanksgiving, should be a holiday in which we, as individuals, focus on our past, our present, and the future. It should be a day to slow down for a few hours, join hands with family and friends, and truly reflect on how blessed many of us are.

You can still go shopping, watch a football game, and go for a second serving of food, but do take a moment to be thankful.

Michael Escamilla, Executive Director, Kirby Pines

Kirby Pines Gets A Taste Of Rock n’ Roll At Sun Studio

Despite the inclement weather, there was nothing dark and dreary once we entered the famous doors at Sun Studio, the “Home of Rock & Roll”.

Sun Studio is a recording studio opened by rock pioneer Sam Phillips at 706 Union Avenue in Memphis, Tennessee, on January 3, 1950. It was originally called Memphis Recording Service, sharing the same building with the Sun Records label business.

Sun recorded blues, R&B, country, rockabilly and of course, rock and roll. Artists include: Howlin’ Wolf, B.B. King, Rufus Thomas, Johnny Cash, Jerry Lee Lewis, Carl Perkins, Roy Orbison and of course, a very young Elvis Presley.

Our front cover has John and Jody Sosh ready to lay down a track of their own, while the back cover features Dan and Judy Moffett in front of the old time Wurlitzer Jukebox at the building’s entrance. We thank them all for joining us on our musical pilgrimage!
While William (Bill) and Carol Odom come to Kirby Pines from their previous home in Memphis, prior residences include Richmond, VA, Hampden-Sydney, VA, Keuka Park, N.Y., and McKenzie, TN. Married for 59 years, their family includes 2 children, and 4 grandchildren.

Bill received his B.A., M.A., and PhD degrees from the University of Virginia. His primary career track was teaching, as Professor of Greek at Randolph-Macon and Hampden-Sydney Colleges. He also was President of Bethel College, and was Director of Fundraising for the Salvation Army and Habitat for Humanity International. Carol received a B.A. Degree from Keuka College in N.Y. and an M.S. Degree from UT Martin in Elementary Education. From 1976 to 1991, she taught at McKenzie Elementary School, as a Title One Teacher. She also was the Administrative Assistant to the Director of Education and Cultural Programs at the Smithsonian Museum.

Get to know these new residents. Busy life style – committed volunteers to help others – not ready for the rocking chair. Perfect. We are pleased that they chose Kirby Pines as their new home.

A native Memphian, Dr. Joseph Prescott (Joe) comes to Kirby Pines from his previous residence in Oakland, TN. He and his wife, Mary Grace, were married for 66 years. Their family consists of 2 children, 6 grandchildren, and 12 great grands.

Joe has enjoyed two diverse careers. In 1953, he was awarded a Doctor of Hypnology from the now-closed College of Applied Psychology. For 42 ensuing years, he was employed as a Hypnosis Consultant by the Memphis Counseling Center. In 1968, the American College of Life Underwriters awarded Joe a degree in Chartered Life Underwriting. The Penn Mutual hired Joe as an Underwriter and he was on the staff from 1953 to 1972.

Joe also was in the U.S. military during WWII and piloted the B-29 on the final bombing mission of that war. Joe has held hypnosis demonstrations, holds 3 patents and numerous copyrights on several books, and is a prolific writer.

This new resident has no intention of slowing down – quick of mind, pursues information on issues that grab his attention, eager to contribute to enhancement of his new home. Let’s give Joe a warm welcome. He has much to offer.

Gene and Gail Waldrop come to Kirby Pines from their home in Collierville, TN. Married for 56 years, their family consists of 2 daughters and 4 grandchildren.

In 1959, Mississippi State U. awarded Gene a BS degree in Civil Engineering. He spent 37 years as Senior Design Engineer with the Chicago Bridge & Iron, and 7 years as Engineer Supervisor with American Tank & Vessel. Gail was awarded a BA degree in English from David Lipscomb College in 1958; a ASN Degree in 1980 from Memphis State U.; and a BSN degree from U. of Alabama. She taught high school for 3 years; spent 15 years as a homemaker and, then, 23 years as a Registered Nurse.

Interests include reading history, genealogy research, watching European soccer on TV, classical music, and theater. Gene has been involved with the Collierville Literacy Council and Gail was a Master Gardener in Alabama; Docent at Birmingham Botanical Gardens; Birmingham Museum of Art; Brooks Museum of Art; and the Literacy Councils in Birmingham and Collierville.

Gene and Gail, welcome to Kirby Pines! We wish you the best in your new surroundings!

When he was 15 years old, Ted decided to go to New York City, where he saw his first production of the Royal Ballet “Swan Lake” and had the added pleasure of snagging a seat next to Lauren Bacall and Humphrey Bogart. His hobbies and interests include racing sail boats, bridge, reading biographies, classical music, opera, ballroom dancing, and line dancing.

Get to know this somewhat shy guy. He’s eager to settle into our residential community and make new friends. Given his plethora of talents and experience, Ted is a welcome addition to our ranks and we’re happy to have him with us!
Get Ready.....
Get Wet..... and Go!

Almost everyone, regardless of age or physical condition, can benefit from aquatic exercise – even if you don’t know how to swim! Just being in the water has inherent benefits. From improvements in circulation to relieving joint pain, the rewards of aquatic exercise are numerous. Many physicians and therapists recommend aquatic therapy because it can advance individuals to a higher level of muscle fitness and mobility offering quicker advantages over land-based exercise and therapy:

Buoyancy provided by the water allows you to move more easily with decreased stress on muscles, joints, and bones while increasing flexibility and balance. In chest-deep water, you take 70% of your body weight off your joints. The “support” your body receives makes exercising easier and less painful, allowing you to exercise longer without increased effort or joint or muscle pain.

• Exercises performed in the water allow the heart to work more efficiently, making it a great cardiovascular workout.

• The pressure of the water on your joints and muscles comforts your body while you exercise, leaving you feeling less fatigued.

• Support provided by the water reduces the fear of falling.

Resistance of the water allows for higher workout intensities with less impact on your body.

Warm water therapy has even greater benefits. Our pool in the Oasis is usually at 90º and the spa is at 100º. Besides the comfort of the temperature, immersing in warm water raises your body temperature and relaxes your muscles benefitting individuals with disabilities and conditions such as arthritis, fibromyalgia, Parkinson’s disease, and many others. Participating in a warm water exercise class provides many physical benefits:

• Improved endurance, flexibility, and range of motion

• Improved pulmonary function

• Increased circulation

• Muscle relaxation and pain relief

• Strengthened muscles

• Decreased joint and soft tissue inflammation

• Improved bone density

When asked” why do you come to water aerobics?” Here are some of our answers:

“I can do much more in the water than on land”
“The exercise group is a lot of fun. We laugh a lot.”
“I come for the friendship and camaraderie.”
“I get to exercise to my kind of music.”
“I have made a lot of improvement in strength and balance.”
“We work almost every muscle.”
“I feel invigorated after the class rather than exhausted.”

Additionally, warm water exercise can have other benefits including reduced anxiety and stress, improved mood, and fun with friends.

We offer three types of Water Aerobics classes. On Mondays and Wednesdays at 8:30 is a higher impact/intensity class and on Tuesdays and Thursdays at 8:30 is a Men Only Class and at 9:30 is the Arthritis Foundation Water Aerobics Class (Women and Men) which emphasizes range of motion for every joint. All the classes help with balance and strengthening and stretching. The pool is open all day for water walking/jogging or your own routines. Never use the pool alone. Have someone nearby just in case you need help.

The Oasis has two nice changing rooms with showers and lockers. Towels are provided. I often say, “The hardest thing about water aerobics is putting on your swimsuit.” Come and join us; there’s always room for one more.
We all know that exercise, proper diet and sleep are vital for our overall health, but have you ever considered your oral health and how that may be impacting your overall health? Your oral health might affect, be affected by, or contribute to various diseases and conditions, including:

• **Endocarditis**
Endocarditis is an infection of the inner lining of your heart (endocardium). Endocarditis typically occurs when bacteria or other germs from another part of your body, such as your mouth, spread through your bloodstream and attach to damaged areas in your heart.

• **Cardiovascular disease**
Some research suggests that heart disease, clogged arteries and stroke might be linked to the inflammation and infections that oral bacteria can cause.

• **Diabetes**
Diabetes reduces the body’s resistance to infection — putting the gums at risk. Gum disease appears to be more frequent and severe among people who have diabetes. Research shows that people who have gum disease have a harder time controlling their blood sugar levels.

• **Osteoporosis**
Osteoporosis — which causes bones to become weak and brittle — might be linked with periodontal bone loss and tooth loss.

• **Alzheimer’s disease**
Tooth loss before age 35 might be a risk factor for Alzheimer’s disease.

• **Other conditions**
Other conditions that might be linked to oral health include Tooth decay and loss which may impact your ability to eat and drink which may contribute to weight loss or difficulty with swallowing.

Because of these potential links, be sure to tell your dentist if you’re taking any medications or have had any changes in your overall health — especially if you’ve had any recent illnesses or you have a chronic condition, such as diabetes.

To protect your oral health, practice good oral hygiene every day. For example:

• Brush your teeth at least twice a day.
• Floss daily.
• Eat a healthy diet and limit between meal snacks.
• Replace your toothbrush every three to four months or sooner if bristles are frayed.
• Schedule regular dental checkups.

Remember, taking care of your oral health is an investment in your overall health.
DON'T MISS THE NEXT KIRBY PINES EVENING OF

EXQUISITE CUISINE

THURSDAY, NOVEMBER 19, 2015

MENU

Shrimp Bisque

Savory Pork Crepes with Caramelized Onion and Morel Mushrooms finished with a Bearnaise Sauce

Grilled Petit Beef Fillet with White Truffle Risotto and Haricot Vert

Creme Brulee with Fresh Berries

For Reservations please call 901.866.4444

Director of Dining Services, Mark Simpson
A LIFETIME OF GIVING BACK

Joan Dodson

Ground-breaking career - strong professional credentials - one of Kirby Pines’ go-to talented volunteers…in a nutshell, Joan Dodson, our friend and colleague.

Joan was born in Sparta, TN. She grew into adulthood with a strong desire to be a nurse – education was the key. In 1958, U.T. Memphis awarded her a Bachelor of Science in Nursing (BSN) Degree; in 1969 Memphis State University awarded her a Masters Degree in Education; and in 1979, U.T. Health Sciences Center awarded her a Masters Degree in Nursing. These credentials paved her way to a health care career that was ground-breaking for the times. She worked at the Methodist Hospital School of Nursing; and as Head Nurse in Cardiology at the Memphis VA Hospital. Beginning in 1967, Joan started the Nursing Program at Memphis State University and continued as faculty; established two off-campus nursing programs, changed the status of the MSU Nursing Program to the MSU Department of Nursing, and served as Interim Dean of the Department until a permanent Dean was appointed. She retired in 1989.

Joan is a member of the Germantown Church of Christ. She has served as President of the Altrusa Club of Memphis (Philanthropic Women’s Professional Organization), and as President of the Tennessee Nurses Association, District #1. Since moving to Kirby Pines in 2011, she has volunteered as Director of The Entertainers, performed in the Rhythm Band, done stand-up comedy for the Ham-ateur Club, and plays the piano for residents in the medical areas. She also is the Health Representative on the Kirby Pines Residents’ Advisory Committee, takes her turn in managing the cash register in the Blossom Shop, and collects residents’ paper products in F1 corridor in support of the Kirby Pines recycle push. Before and subsequent to retirement, Joan was the care-giver to her aged parents – all told, a full schedule indeed.

Think on this - segue from the importance of professional competence and achievements to a third vital component, namely “presentation of self.” The healthcare field relies on caring individuals who routinely meet the needs of strangers (no one prefers an indifferent or “cold” health care provider). Joan’s public persona is warm, encouraging friend and stranger alike to approach her with ease. Concern for others has been the bedrock of her professional career, and she continues to extend herself to opportunities to make a difference in our community. Thank you, Joan for all you do and have done.

- Jacqueline Besteman, Resident

Joan during her time at University of Tennessee, Memphis
UPCOMING MARKETING EVENTS

Here’s Your Opportunity
To Get To Know Kirby Pines!

If you, a friend or a family member are interested in learning more about Kirby Pines, join us!

NOVEMBER 10TH
“Violinist, Bendy Goodfellow”
Bendy Goodfellow, world renowned violinist will perform live!
Begins at 6:30 p.m.
Kirby Pines Performing Arts Center

NOVEMBER 12TH
“Life Care Seminar”
The LifeCare concept and its use as a financial planning tool.
Begins at 11:00 a.m.
Kirby Pines Grand Lobby

NOVEMBER 17TH
“Thanksgiving Luncheon”
Start off your holiday season with our Thanksgiving luncheon!
Begins at 11:00 a.m.
Kirby Pines Performing Arts Center

NOVEMBER 17TH
“Turkey Trot Dance with The Sturgess Daily Band”
Too hot to trot? Well, show us what you’ve got at the Turkey Trot Dance!
Begins at 6:30 p.m.
Kirby Pines Performing Arts Center

For more information on these events, please call 901-369-7340

KIRBY PINES PAPER RECYCLING PROGRAM

Help do your part!

All residents are encouraged to recycle your paper material.
This program is a service to residents and will reduce the amount of material you have to carry to the trash bins. This will also be a big benefit for Kirby Pines by reducing the amount of garbage that must be hauled off.

Please have recyclable papers outside your door before 10:00 am every Wednesday morning, just as you have been doing with your weekly laundry on the designated day for your floor.

Acceptable Items:
- Computer Paper
- Magazines
- Office Paper
- Catalogues
- Newspaper & Inserts
- Corrugated Cardboard
- Mail Packages
- Mail / Junk Mail
- Paperback Book

Unacceptable Items:
- Waxed Paper
- Plastic Cartons
- Carbon Paper
- Metal
- Plastic
- Aluminum
- Coated Paper
- Plastic or Coated Plates and/or Cups
- Blue Prints

Do not put paper or boxes containing food or grease residue in recycling.

TAKE THE TRIP OF A LIFETIME - SEE HISTORICAL ROME & ISRAEL

Dr. Jimmy Latimer and his brother, Dr. Johnny Latimer, are leading a 13 day historical Rome and Israel trip, April 4-16, 2016.

We would like to invite residents and friends of Kirby Pines to accompany us.

Brochures are in the accounting office. Please see Jesse Latimer for more details.

Congratulations employee of the month | Pam Puckett

As the Activities Coordinator for Fireside Villa and Providence Place, Pam is an inspiration to all those that come in contact with her. She goes above and beyond the call of duty on a daily basis, showing her wonderful energy, creativity, compassion, and spirituality not only to our residents but the staff.

Pam constantly strives to give her residents a better quality of life and carry out The Kirby Pines Mission. If you are looking for someone who is a Good Samaritan, has a great attitude, a winning smile, and a can-do spirit - look no further than Pam.

- Cheryl Grimes, Activities Director
Discouraged by his 10 years of defeat on his efforts to end slavery in the British Empire, William Wilberforce, who became an English politician in 1780 and an evangelical Christian in 1785, was distressed and disheartened. When he opened his Bible to seek uplifting and understanding, a piece of paper fell out. It was a letter from the famous Methodist minister, John Wesley. Wesley’s words were challenging and powerful.

"Unless the divine power has raised you up…I see not how you can go through your glorious enterprise in opposing that abominable practice of slavery which is the scandal of religion, and of England, of human nature. Unless God has raised you up for this very thing, you will be worn out by opposition of men and devils. But if God be for you, who can be against you? Are all of them together stronger than God? Oh, be not weary in well doing. Go on in the name of God and in the power of His might."

Together with the help of others Wilberforce saw the passing of the Slave Trade Act of 1807, forbidding British ships from carrying men to be sold as slaves. After more years of efforts and failures, England finally declared the Slavery Abolition Act of 1833. It abolished slavery throughout the British Empire. It took Wilberforce 20 years to see his dreams become reality. Men of lesser commitment and conviction would have given up. After so long what’s the use anyway? Wilberforce died three days after this Act was passed.

Whenever we engage in something necessary and worthwhile we will always meet opposition. It can come from many sides. Continual rejection can cause us to grow weary and even give up. We are told the status quo will never change. Everyone must accept things as they are. We are often promised “change” but the promises are never kept. Nothing good and positive occurs. The situation grows worse. Why should we bother? Does it really matter if we persevere? Will anything come of our not letting go?

This may apply to political issues, to social concerns and to personal matters.

The answer is “YES!” Tracy McGrady, a basketball player for the Houston Rockets, faced an impossible situation. His team was behind the San Antonio Spurs by eight points with only 41 seconds left in the game. The outcome of a score like this is 99% predictable. But Tracy’s focus and goal was to win. In 33 seconds he scored 13 points and led his team to victory over San Antonio 81 to 80. Impossible…presumably. Amazing…truly!

Wesley’s words to Wilberforce can challenge us today. If God has raised us up for anything, we can be assured He is greater than any problem confronting us.

Great insight is found in the Bible verse, Galatians 6:9, “And let us not grow weary in doing good, for in due season we shall reap if we do not lose heart.”

Never let go! Always push ahead!
Don’t believe others who tell us it can’t be done!

Start today!
Till next time,
Don Johnson,
Kirby Pines Chaplain

Never let go!

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November Vesper Services • 6:30pm • Performing Arts Center

November 5th
Reverend Dr. Will Jones
Germantown Presbyterian

November 12th
Dave Phillips
Germantown
Church of Christ

November 19th
David Weatherly
Covenant
United Methodist

November 26th
Thanksgiving Day
There will be no Vesper Service
In this vibrant, funny, and heartfelt film, a widow and former songstress discovers that life can begin anew at any age. With the support of three loyal girlfriends, Carol decides to embrace the world, embarking on an unlikely friendship with her pool maintenance man, pursuing a new love interest, and reconnecting with her daughter.

**ARSENIC & OLD LACE**

Saturday, October 31 at 6:00 p.m.
& Sunday, November 1 at 6:30 p.m.
(1944) Cast: Cary Grant, Priscilla Lane, Raymond Massey

Mortimer Brewster is a newspaperman and author known for his diatribes against marriage. We watch him being married at city hall in the opening scene. Now all that is required is a quick trip home to tell Mortimer’s two maiden aunts. While trying to break the news, he finds out his aunts’ hobby; killing lonely old men and burying them in the cellar. It gets worse from there.

**A LEAGUE OF THEIR OWN**

Saturday, November 7 at 10:00 a.m. and 2:00 p.m.
(1992) Cast: Tom Hanks, Geena Davis, Lori Petty

When World War II threatens to shut down Major League Baseball, candy magnate and Cubs owner Walter Harvey persuades his fellow owners to bankroll a women’s league. Ira Lowenstein is put in charge, and Ernie Capadino is sent to recruit players. Capadino goes to an industrial-league softball game in rural Oregon and likes what he sees in Dottie, the catcher for a local dairy’s team. Dottie does not take Capadino’s offer, preferring to live the simple life she has in Oregon while waiting for her husband Bob to come back from the war. Dottie is convinced to accept his offer, however, by her sister and teammate Kit Keller, who wants to play.

**THE PROPOSAL**

Sunday, November 8 at 1:30 p.m. and 4:00 p.m.

For three years, Andrew Paxton has slaved as the assistant to Margaret Tate, hard-driving editor at a New York publisher. When Margaret, a Canadian, faces deportation for an expired visa, she hatches a scheme to marry Andrew - he agrees if she’ll promise a promotion. A skeptical INS agent vows to test the couple about each other the next Monday. Andrew had plans to fly home that weekend, so Margaret goes with him. Family dynamics take over: tensions between dad and Andrew, an ex-girlfriend, Andrew’s dislike of Margaret, and her past color the next few days, with the INS ready to charge Andrew with fraud.

**SUPPORT YOUR LOCAL SHERIFF**

Saturday, November 7 at 6:00 p.m.
& Sunday, November 8 at 6:30 p.m.

McCullough is “passing through on my way to Australia” when he takes a job in a gold rush town. After a startling display of marksmanship he immediately arrests the youngest son of the evil landowner. A battle of hired guns begins as McCullough continues to tame the town and defeat the gunslingers with a combination of skill and wit.

**LOVE, ROSIE**

Saturday, November 14 at 10:00 a.m. and 2:00 p.m.
(2014) Cast: Lily Collins, Sam Claflin, Christian Cooke

Rosie and Alex have been best friends since they were 5, so they couldn’t possibly be right for one another...or could they? When it comes to love, life and making the right choices, these two are their own worst enemies.

**THE BLIND SIDE**

Sunday, November 15 at 1:30 p.m. and 4:00 p.m.

“The Blind Side” depicts the story of Michael Oher, a homeless African-American youngster from a broken home in Memphis, taken in by the Touhys, a well-to-do white family who help him fulfill his potential. At the same time, Oher’s presence in the Touhys’ lives leads them to some insightful self-discoveries of their own. Living in his new environment, the teen faces a completely different set of challenges to overcome. As a football player and student, Oher works hard and, with the help of his coaches and adopted family, becomes an All-American offensive left tackle.
**Happy Birthday to You!**

Mary J Young

Jenine R Riddle

Eileen Nichols

Mary Ellen Crouse

Ruth Harrod

Nancy Goodwin

Lenora Smith

Patricia Mitchell

Daniel A Young

Robert Walton Jr.

Carol Lee

Independent Living

**November 2015**

**KIRBY PINES MOVIES**

SUN. NOV. 22 1:30 & 4:00 P.M. (2007) Cast: Drew Barrymore, Natasha Lyonne, Allegra Acosta

**DIAL M FOR MURDER**

Saturday, November 28 at 6:00 p.m. & Sunday, November 29 at 6:30 p.m. (1954) Cast: Ray Milland, Grace Kelly, Robert Cummings

**CAT BALLOU**

Saturday, November 21 at 6:00 p.m. & Sunday, November 22 at 6:30 p.m. (1965) Cast: Jane Fonda, John KLee, Peter Falk

Sarah Nolan, a recently divorced thirty- something year-old, has a family that just can’t seem to get along. She’s trying to carve out her personal life, or lack there of. After her sister puts up a profile on PerfectMatch.com, this prudeish teacher goes on a number of outrageous and hilarious dates. But will she be able to find the one who must love dogs?

**MAID IN MANHATTAN**

Saturday, November 21 at 7:00 p.m. & Sunday, November 22 at 6:30 p.m. (2002) Cast: Jennifer Lopez, Ralph Fiennes, Natasha Richardson, marin a. green just can’t seem to get along. She’s trying to carve out her personal life, or lack there of. After her sister puts up a profile on PerfectMatch.com, this prudeish teacher goes on a number of outrageous and hilarious dates. But will she be able to find the one who must love dogs?

Maddie, a Brooklyn housewife, is a single mother bringing up her talented daughter, the fantastically talented journalist, in a small town. But when her daughter turns out to be a bit of a wild child, Maddie is at a loss as to what is the best course for her. With the help of her friends, Nick and Joe their local cops, she makes up her mind as to which course is the better one and the two go to war.

**HOLIDAY**

Saturday, November 21 at 6:00 p.m. & Sunday, November 22 at 6:30 p.m. (1943) Cast: Katharine Hepburn, James Stewart

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Sarah Nolan, a recently divorced thirty- something year-old, has a family that just can’t seem to get along. She’s trying to carve out her personal life, or lack there of. After her sister puts up a profile on PerfectMatch.com, this prudeish teacher goes on a number of outrageous and hilarious dates. But will she be able to find the one who must love dogs?
### November 2015 Calendar

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### Abbreviations Key

- PAC - Performing Arts Center
- HS - Hobby Shop
- A & C - Arts & Crafts Room
- BR - Billiard Room
- Trans - Transportation
- FDR - Formal Dining Room
- SCR - Small Card Room
- PAC - Performing Arts Center
- BR - Billiard Room
- Trans - Transportation
- LCR - Large Card Room
- WC - Wellness Clinic

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**SUNDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:30 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
- 1:00 pm: Worship Service (PAC)
- 3:00 pm: Worship Service (PAC)
- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**MONDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
- 1:00 pm: Worship Service (PAC)
- 3:00 pm: Worship Service (PAC)
- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**TUESDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
- 1:00 pm: Worship Service (PAC)
- 3:00 pm: Worship Service (PAC)
- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**WEDNESDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
- 1:00 pm: Worship Service (PAC)
- 3:00 pm: Worship Service (PAC)
- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**THURSDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
- 1:00 pm: Worship Service (PAC)
- 3:00 pm: Worship Service (PAC)
- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**FRIDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
- 11:00 am: Worship Service (PAC)
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- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)

**SATURDAY**

- 6:30 am: Wesley Christian Church (Chapel)
- 8:00 am: Sunrise Service
- 10:00 am: Worship Service (PAC)
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- 1:00 pm: Worship Service (PAC)
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- 5:00 pm: Worship Service (PAC)
- 7:00 pm: Worship Service (PAC)
- 8:30 pm: Victory Springs (Lobby)
**EYES**

**EVENTS**

8:30 am. Basic and Beginning Water

Food it is always scrumptious. Sign up in the Arts & Crafts Room.

Tours will both be meeting to discuss upcoming trips. Travelers are back in action and will be here to entertain us with their beautiful voice and story telling. From Germantown Baptist Church will be joining us. Andrew Williams, Mel Torme, and Charlie Lambert.

The Music of Johnny Cash

Marisa Ventura is a single mother who has toured internationally with Ray Price, Andy Williams, and Jon Felix. She makes up her own songs and sharing personal stories for adults and children. The Storytelling Festival, featuring Internationally known storyteller, Donald Crews. Dave Phillips as he leads a non-denominational service bulletin board where a residential card can be found each month. The group meets in the Ant Room at Sunday 10:00 a.m.

**Monthly Groups**

Boys & Girls Club

November 21 at 1:30 and 4:00 p.m.
November 28 at 1:30 and 4:00 p.m.

**November 2015**

Friday, November 6 at 6:00 pm in The Lobby.
Come to listen, come to read, come to recite from memory. Share a favorite verse or two as others share their verse with you. Everyone is welcome. Check out the Poet’s Corner on the post of the Pulitzer Prize.

**2015 Calendar**

Thursday, November 5 at 8:00 pm in the Blue Room.
Alfred Hitchcock directed this film released in 1959. It follows two people who fall in love during a taxi ride between Manhattan and the Bronx.

**HOLIDAY**

Saturday, November 21 at 6:00 pm & Sunday, November 22 at 6:30 pm.

**MUST LOVE DOGS**

A single woman, 개 혐이, is the lead of this film which is a coming of age story about the bond between a woman and her cat. Sarah Nolan, a recently divorced thirty- something year old, has a family that just can’t seem to make ends meet. Sarah enrolls in a women’s self-defense class and bonds with a handsome kitty who has a beautiful and unassuming personality.

**THE MOVIES**

**Sarah Nolan**

Sarah Nolan, a recently divorced thirty-something year old, has a family that just can’t seem to make ends meet. Sarah enrolls in a women’s self-defense class and bonds with a handsome kitty who has a beautiful and unassuming personality.

**BINGO! Night**

Join Dr. John E. Harkins and Carolyln (Grace) Bonomi for a fun filled evening of BINGO! Entry costs only $1 per card, with an opportunity to win up to two prizes. Friday evening at 9:30 pm in the PAC.

**Artists & Craftsmen**

Join as we promote home made goods and an award winning show. This is a non-denominational group. They meet at 10:30 am. in the PAC on the 1st Tuesday of the month.

**Travelers Meeting**

March 14, 2015 (Spain) Cast: Jennifer Lopez, Stephen Baldwin, James Rebhorn

This film chronicles the life of Lane Frost, 1987 PRCA Bull Riding World Champion, his marriage and shared ties with Fred Helm (three- time World Champion) and Cody Lambert.

**The Music of Johnny Cash**

November 2015 • 11 •

**Sarah Nolan**

Sarah Nolan, a recently divorced thirty- something year old, has a family that just can’t seem to make ends meet. Sarah enrolls in a women’s self-defense class and bonds with a handsome kitty who has a beautiful and unassuming personality.

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Sarah Nolan, a recently divorced thirty-something year old, has a family that just can’t seem to make ends meet. Sarah enrolls in a women’s self-defense class and bonds with a handsome kitty who has a beautiful and unassuming personality.
**Travel Group Outing: Graceland**

We need 15 folks to receive the half price tour of Graceland Mansion on Monday, November 9. The bus will depart Kirby at 9:30 am and return at approximately 2 pm. We will be having lunch following the tour at Marlow’s Restaurant. November 1 will be the last day you can sign up. If you have signed up but cannot attend be sure and notify Andy Boles @ 346-0890 or the front desk. This is a pre-pay event. Bus leaves 9:30 am.

**Bridge On the River Kwai**

Director David Lean’s sweeping epic -- best known for a whistling work theme that became legendary -- is set in a World War II Japanese prison camp, where British prisoners are forced to build a railway bridge as a morale-building exercise. Movie Theater Showtimes 10:00 am & 2:00 pm.

**Smart Moves**

This month’s topic is “Alzheimer’s or how to handle holiday stress” 10:00 am in the Performing Arts Center.

**Memphis Hearing Aid Service**

Wednesday, November 11 at 10:00 am, in the Arts & Crafts room, Dr. Rena Booth will be offering:
- Free Hearing Evaluation
- Free Hearing Aid Consultation
- Free Hearing Aid Cleanings,
- Check up and Adjustment
Please call 682-1529 for more information or to schedule a visit.

**Von Ryan’s Express**

At the height of World War II, a group of Allied POWs escapes an Italian prison with the help of an idealistic American leader (Frank Sinatra), whose style clashes with that of his second in command (Trevor Howard). Just a few steps from freedom, the men are captured again -- this time by German troops. Movie Showtimes 10:00 am & 2:00 pm.

**Veteran’s Day Program**

Join us for this year’s Veterans Day Program on Tuesday, Nov 10 at 10:30 am in the Performing Arts Center. We are happy to announce our guest speaker will be Roy Cash. He is a retired U.S. Navy Captain with a highly distinguished record of service to his country and a native Memphian. His perspectives on life as a career Navy fighter pilot are gripping and motivating and include presentations on character, integrity and our nation’s Godly heritage. We are honored to have him join us for this very special program.

**Garden Growers Club Meeting**

November is a great time for vegetable gardens. We have lettuce & several varieties of greens ready to harvest. The broccoli and cauliflower will be later. The fall garden is fully planted thanks to Marsha Moore. We are preparing a herb garden. Anyone interested call Charlie Parrott. We will meet every third Saturday of the month in the Green House. The fall garden is fully planted thanks to Marsha Moore. We are preparing a herb garden. Anyone interested call Charlie Parrott. We will meet every third Saturday of the month in the Green House.

**Music in the Lobby with Hank Sable**

Hank sable sings classic country, vintage standards, and Memphis music accompanying himself on guitar. He enjoys performing gospel numbers, 1940’s Frank Sinatra and Texas swing, classic country such as Hank Williams and Patsy Cline, Beatles, songs of the 1960’s, and Memphis music including Elvis and Johnny Cash. Some of his material is fun and humorous. Hank can often meet requests from their audience. Join us for this lively concert on Veterans Day, November 11 at 6:00 pm in the Lobby.

**Through the Bible**

Starting with Genesis and working through the books in the Bible, this group meets the second Saturday of every month at 10:30 am in the Chapel. For more information contact Gail Kommer at 363-3622.

**“A Tribute to Paul Bowles”**

Collierville United Methodist Church are hosting their Third Annual Chamber Music Series. The Series, held at the historic Sanctuary on the Square, will commence on Sunday, Nov. 15 with “A Tribute to Paul Bowles” featuring the return of Carole Chocate Blankenship, Soprano and introducing Matthew Hayner, Baritone and Irene Herrmann, Piano and Curator of the Bowles Music estate. Admission is free. Sign up in Transportation, Bus leaves at 6:15 pm.
Nov 16 | Bereavement Support Group
Lamar Frizzell will lead the Bereavement Support Group to serve people in gaining perspective about their losses and support them in regaining a healthy quality of life. The group meets the 3rd Monday of every month at 10:00 am in the Ante Room.

Nov 16 | Perspectives Eyewear and Services
Perspectives will be in the Lobby for free glasses cleaning and adjustments. Monday from 10:30 am to noon.

Nov 17 | Turkey Trot Dance with the Sturgess Dailey Band
Too hot to trot? Well show us watcha got! Dr John Lin and wife Kathy will be showing us what they got. They are just returning from competition in Europe to show us their winning moves. Tuesday, Nov 17 at 6:30pm in the PAC.

Nov 18 | Lunch Bunch at Rosebriar
Lunch bunch is headed to Rosebriar! Enjoy the beautiful Christmas decorations and shopping along with a wonderful home cooked meal. Seating is limited so reserve your space now. Total cost is $20.00 per person (not including tip) plus transportation fee. Sign up in Transportation, Bus will leave at 10:45 am.

Nov 19 | Runoff Election
We will be going to the polls to vote in the city council run-off election. Bus leaves at 10:00 am.

Nov 20 | Entertainer’s present “Movie Melodies”
Some of the most memorable songs come from movies. Join us in the PAC on Friday, Nov 20 at 6:30 as The Entertainers croon some of favorite “Movie Melodies”.

Nov 21 | Suzuki Students Piano Recital
Come to the Lobby at 1:30 pm to enjoy this talented group of Suzuki Piano Students for the University Of Memphis Sheidt School Of Music as they perform their fall recital pieces.

Nov 23 | Amedisys Home Health “Coping with the Holiday Blues”
Brittney Holmes is back from Maternity leave and will be talking about Coping with the Holiday Blues at 10:30 am in the Large Card room.

Nov 24 | The Book Baggers
Whether you read or would like to hear about books being discussed, come and check it out. This is a great way to expand your horizons. This month we will be discussing “Best when Broken” by Scott Coleman, Scott is the son-in-law of Charlie and Laura Parrott. He will be present to answer questions about the book. Hope to see you Tuesday, November 24 at 9:30am in the Chapel.

Nov 24 | Briarcrest School “One Great Day of Service”
Briarcrest Choir and Band will be here to entertain us for their One Great Day of Service! If you saw these students last year you already know how good they are. Please support our youth! Tuesday, November 24 at 10:30 am in the PAC.

Nov 24 | Ladies Interdenominational Circle Meeting “The Uplifters”
The Uplifters is a non-denominational group of women dedicated to missions, prayer and Bible study led by Elsie Huf fard. All are welcome to join in fellowship in the Chapel at 2:00 pm every 4th Tuesday of the month.

Nov 25 | BIG
A 12-year-old yearns to be a grown-up, and when he makes that wish at a fortune telling machine, he awakes the next morning as a 30-year-old man, (Tom Hanks). He lands a job at a toy company, but despite his success, he finds himself pining for all he left behind. Showtimes 1:30 pm & 7:00 pm.

Nov 25 | Thanksgiving Eve Music with Vocalist Judi Gray
Judi is an eclectic vocalist who loves to sing any style of music from classical to country. She has performed in a number of different genres from Opera to Musical theatre. Join us in the Lobby for a special evening of song on Wednesday, November 25 at 6:00 pm.

Nov 26 | Tuck Everlasting
When a teenage girl named Winnie gets lost in the woods and meets Jesse Tuck near a magic spring, she befriends his family and learns why they need to keep their lives a secret from the rest of the world. Showtime 10:00 am & 2:00 pm.

Nov 26 | Fiddler On The Roof
Norman Jewison chronicles the trials of Jewish peasant Tevye, the humkle father of three strong-willed daughters and husband to oft-objecting wife Golde in pre-revolutionary Russia. This classic musical will be shown at 2:00 & 6:00 pm.

Nov 27 | Meet Me In St. Louis
Judy Garland stars as Esther Smith, who just can’t ignore the boy next door, in director Vincente Minnelli’s musical masterpiece about the trials and tribulations of a tight-knit family living in St. Louis on the eve of the 1904 World’s Fair. Memorable characters and charming songs, which include “Have Yourself a Merry Little Christmas” and “The Trolley Song,” make this one of the greatest American musicals ever filmed. Showtimes 10:00 am & 2:00 pm.

Nov 27 | Music in the Lobby with Julianne Thomas & Dom Fosco
Vocalist, Julianne Thomas will be accompanied by Dom Fosco on the Piano. Julianne and Dom have been making music all of their lives because it’s a passion. They each have many accomplishments in their long careers but along the way, the best reward is the love of sharing what they do. Julianne brings you a stirring vocal style with a joyful presence while Dom is the amazing instrumentalist on keyboard, sax, and backgrounds. Their repertoire includes traditional jazz, standards, blues, and R&B. Everyone will sing and smile, swoon over the tunes, and tap their toes while Julianne and Dom create a journey back in time. Friday, November 27th at 6:00 pm in the Lobby.
PUZZLE CHALLENGE

Giant Crossword

ACROSS
1. Asterisk
5. Proverb
10. Hit sharply
14. Step
15. Concentrate
16. Heap
17. Halo
18. Keynote of a major or minor scale
19. Not in use
20. Tumble
22. Remake
23. Inert gas
24. Average
26. Straying from the right course
28. Moving very fast
31. Twitch
32. Appear
35. Metal fastener
37. Youngster
41. Paddle
42. Simple crane
44. On the sheltered side
45. Cheer for a great performance
47. Short note
48. Scale drawing of a structure
49. Mischievous fairy
51. Greek letter
53. Kind of something
56. Bicycle for two
60. Main body of a written work
61. Wading bird
64. Flats-bottom boat
65. One of a pair used to control a horse
66. Outspoken
68. Wheeled vehicle, can be pushed or pulled
69. Small island
70. Call forth
71. Pitcher
72. Look searchingly
73. Religious doctrine
74. Counter tenor

DOWN
1. Cramp
2. Fuscous
3. Strong and sharp
4. Pragmatism
5. Towards the stern or tail

6. Entrance
7. Skin condition
8. Usher
9. Accompany
10. Leaves eaten cooked or raw (see photo for hint)
11. Broaden
12. Distribute
13. Adolescent
21. Jurisprudence
25. Square root of eighty-one
27. Stack of hay
29. Cultivate by growing
30. Fatigued
32. Weep
33. Organ of hearing
34. Division of geological time
36. Green acidic fruit
38. Unwell
39. Pasture
40. Lair
42. Hemispherical roof
43. Young male horse
46. Wine merchant
48. Cure all
50. Type of hedge
52. Restaurant bill
53. Migratory aquatic birds
54. Expatriate
55. Higher up
57. Slow manner of speech
58. Type of heron
59. Paris subway system
60. Journey
62. Graphic symbol
63. A reason for wanting something done
67. Allow
70. Center of a storm
Louise Wheeler gets ready to place her order with Awesome Dogs owner, Jerry Payne at the Fall Festival.

Max Oliver enjoys the beautiful day at the Kirby Pines Fall Festival.

Kirby Pines King and Queen, Sam and Ellie Bates take their turn in the hot air balloon.

The crowd begins to gather as Bluff City Balloons gets their new balloon, “High Jinx” ready to fly.

Helen Boyd, Janice Callier, Carolyn Williford and Shirley Parrish look out over the crowd below.

Ann Davis, Pat Cavender, Mary Ann Diamond and Betye Segerson prepare to take flight.

Carol Lee is all smiles with Mary Lou Watson, Ethel Smith and Sarah Marable at the Kirby Pines Fall Festival.
Helen Gaines and her dog Sassi visit with Jesse’s dog Brantley after the “Stoll for Control”, a Walk for Alzheimer Awareness

Jewel Crowson celebrated her birthday with son Nat & his wife Susan Crowson, Patti Tracey, Shirley Lynn and Gay Beaumont

Janice and Fay Schlottfeldt, along with Meryl Stewart enjoy the afternoon at the Memphis Zoo

GA & Jim Smith, Doris Whitney, Sue Freeze and John Johnson all helped Margaret Edrington celebrate her Birthday

Gene Rhodes celebrated his first birthday at Kirby Pines with wife Pattye, Daughter Lisa Dilley and granddaughter Emily Dilley, granddaughter Katy and her husband Brantley Davidson and son Mike and his wife Gay Rhodes

Ben Cole celebrated his birthday with son Bruce and daughter-in-law Vivian Cole

Helen Gaines and her dog Sassi visit with Jesse’s dog Brantley after the “Stoll for Control”, a Walk for Alzheimer Awareness
**SOCIAL Scenes**


“Cowboy” Jim Smith, clowns around with “Witch” Shirley Anderson, as they prepare for “Halloween Treats” presented by the Ham-ateurs.

Don Cook had a great time at his birthday dinner with wife Laura and daughter Karen Cook.

Louise Day enjoyed birthday with husband Will and son Terry Day, granddaughter Lisa Whitton and great grands Hannah and Brice.

“Princess” Betty Gatti receives a flower from “Prince” Ken Lewis during Ham-ateur rehearsal.

Elsie Burkhart and Betsye French celebrated their birthdays with Elsie’s son Allen Keeton and wife Jeanne, Allen’s son Don and granddaughter Kinsley and Don’s wife Julia. Allen, and Jeanne’s daughter Anna, and Betsye’s daughters Betty Mathew and Barbara Conley.
Memorials, Honorariums & Gifts

In Memory of

BJ. FERRELL
Donation by Marsha Greiner
to the Library Fund
Donation by Charles & Hazel Woods
to the Library Fund
Donation by James W. Stafford
to the Library Fund
Donation by Beverly Creamer
to the Library Fund
Donation by Don & Doris Boyd
to the General Fund
Donation by Bertha Mae Newman
to the Library Fund
Donation by Diane Short
to the Library Fund

SALLY WATSON
Donation by Marsha Greiner
to the Line Dancer’s Fund
Donation by Ellen F. McGowan
to the General Fund
Donation by Jean Dando
to the Line Dancer’s Fund
Donation by Don & Doris Boyd
to the General Fund

BETTY MILFORD
Donation by Mary Jane & Dan Young
to Job’s Way
Donation by Mrs. Gene Morrison
to the General Fund

ERNEST GREEN
Donation by Marsha Greiner
to the Entertainer’s Fund

RONALD YOUNG
Donation by Mrs. C.E. Morrison
to the General Fund

In Memory of

EVELYN PARKER
Donation by Kirby Pines Estates & Resident Association
to the Library Fund

BONNIE HARRIS
Donation by Kirby Pines Estates & Resident Association
to the Library Fund

HERB HILBUN
Donation by Don & Doris Boyd
to the General Fund
Donation by Anna Brewer
to the Entertainer’s Fund
Donation by The Goodriches
to the Entertainer’s Fund
Donation by Jim Stafford
to the General Fund

In Honor Of

GEORGE PENCE
Donation by Mrs. Gene Morrison
to the General Fund

CHARLES OLREE
Donation by Mary Stagg
to the Hobby Shop Fund

DAVID WALTERS
Donation by Susie Burgess
to the Hobby Shop Fund

Gifts To

THE HOBBY SHOP
Donation by Shirley Brown
Donation by Joyce Miller
Donation by Hazel Canon

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DONATIONS
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